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THE MARTLET

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Vikes take first leg of "Boot"

UVic's men's rugby crushes UBC 46-8 in first leg of annual Weightman Boot series

Andrew Smith

For a brief moment on Wednesday, Oct. 8, it looked as though UBC was ready to challenge UVic for the bragging rights to the Weightman "Boot." But after T-Bird Harry Jones put his side up 3-0 in the opening minutes, the Vikes unleashed a merciless rampage of 46 unanswered points for a final score of 46-8.

After promising their strongest side in recent years, UBC was crushed in the first leg of the Boot competition. UVic was in top form as their line up took a tag team approach to scoring tries on their disheartened opponents.

The Vikes, coming off of their 3-0 perfect start of the VIRU season, opened their scoring through Hooker Pat Riordan as he barreled over for a try.

With a successful conversion, Standoff Nathan Hirayama put the Vikes up 7-3.

The rampage continued as five more Vikes went over for tries. Hirayama scored two tries, and successfully completed three conversions. Backs Sean Duke, Gordie Sawers, Dave Spicer and flanker Neil Meechan each broke through their opponents' back line to tally five points each.

UVic flanker Neil Meechan commended his team's performance.

"They came out pretty strong and we weathered the storm," Meechan said. "Overall it was a great team effort."

In the dying minutes when the Vikes onslaught had calmed, T-Bird No. 8 Ben Jones managed to respond with a late try. The damage was done however, as UBC now waits until the spring to overcome a 38-point deficit.

After lifting the prestigious Boot just once in the last 17 years, the T-Birds will have to muster a better effort to bring the award home. UVic has dominated the series with an impressive 31-16 record, lifting the Boot 11 consecutive times. The Vikes won the annual competition last year through a 46-25 game total.

Despite a convincing win, Vikes Coach Doug Tate thought his side could have done more damage.

"We left a lot of points on the field," Tate said. "Against the top teams in our league, we might not get that many opportunities."

UBC coach and veteran Boot competitor Spence McTavish was humbled by the heavy defeat.

"When you play UVic, your heart is on the line and it's a blood battle," McTavish said. "We were out-worked and out-scrimmaged. I think the better team won today. It's as simple as that."

ANDREW SMITH PHOTO

Vikes full back Sean Duke was tackled as he ran towards the UBC try line. Duke scored one try to put the Vikes up 12-3 early on in the match. Vikes Pat Riordan, Gordie Sawers, Dave Spicer and Neil Meechan each scored a try with Nathan Hirayama scoring two.

Students willing to raise money for strikers

Representatives from SAW and SDS encourage UVSS to consider new options for ending the strike

Danielle Pope

Two UVic students are saying it's time to end the Student Union Building strike once and for all — even if that means raising the money themselves.

Tim Fournier from Students Against War (SAW), and Aida Mashari from Students for a Democratic Society (SDS) proposed a fundraising campaign to the UVic Students' Society that would see the SUB reopen by Nov. 1. Both SAW and SDS have openly supported the union workers' wage demand.

The proposal was sent to the board during the UVSS Political Action Committee meeting on Oct. 7 in hopes of initiating a broad fundraising effort to subsidize the difference between the UVSS's best offer, and the union's demands.

However, Fournier says the proposal was rejected by the committee members, who said it was "not a viable long-term solution."

"We weren't asking for anything from the committee, just their trust and a willingness to try," said Fournier, a longstanding member of SAW. "We want to see the current board remain in power, and we want to work with them — [mostly] we want their support."

While UVSS chair Caitlin Meggs said the board would never tell any students not to fundraise, the offer would not be something students could do every year, and therefore was not a safe option.

"We want a solution we can afford, not one built on hopes and wishes," Meggs said. "When it comes to solving [the strike] this is basically not a feasible option."

Some of the fundraising ideas put forward by Fournier and Mashari included putting political pressure on the provincial government for funding, asking for student donations, petitioning the university, adjusting student fees and petitioning members of the community, including local unions, who support the principles of the strike.

Aida Mashari, founder and organizer of the SDS Victoria chapter said she didn't necessarily expect the board's full support, though she did expect them to want to work toward finding a solution.

"The goal is what we wanted them to agree on, not necessarily the method — but to reject it outright wasn't entirely fair," Mashari said.

See Brainstorming, p. 2

> "The goal is what we wanted them to agree on, not necessarily the method."
>
> – Aida Mashari
> SDS organizer

Continued from p. 1

Brainstorming activists fail to help end strike

"We went in there with ideas just to start brainstorming," Mashari added, "but this will take as many people as possible putting their heads together."

Meggs said she found some of the suggestions for fundraising "kind of hilarious," given the government's cutbacks to university funding across the province earlier this year.

"It seems like they don't have a grip on what's realistic," Meggs said. "The university has problems raising money for buildings and things ... and the province is not going to support one student society."

Meggs speculated that in order for fundraising to work, the group would have to raise over $100,000.

"Every student would have to donate, like, $20 each to make it work. And that's just not realistic," said Meggs. "A better option might be to donate it directly to the strikers who could probably use the help."

Fournier says that while he's raised thousands of dollars fundraising, he's never procured a $100,000 sum before. That said, he believes students would be willing to support their society.

"A sign that either side will do whatever it takes is all we're looking for," he said. "The longer the strike goes on the worse it will be, and right now it's looking pretty bad."

All the ideas, Fournier said, could help attempt to alleviate the immediate concerns of the union workers and the UVSS. Fournier believes the board should at least be saying students deserve the living wage. But when it comes to the exact details of how to get the wage there, Fournier and Mashari aren't necessarily in agreement.

"SAW wants more funding from the government, while SDS thinks more student fees could be the answer," said Fournier. "But both of us agree the SUB needs to be rethought, and we both want humanity put above the government."

Mashari said she avidly defends the principle of the living wage, but has a lot of sympathy for the UVSS.

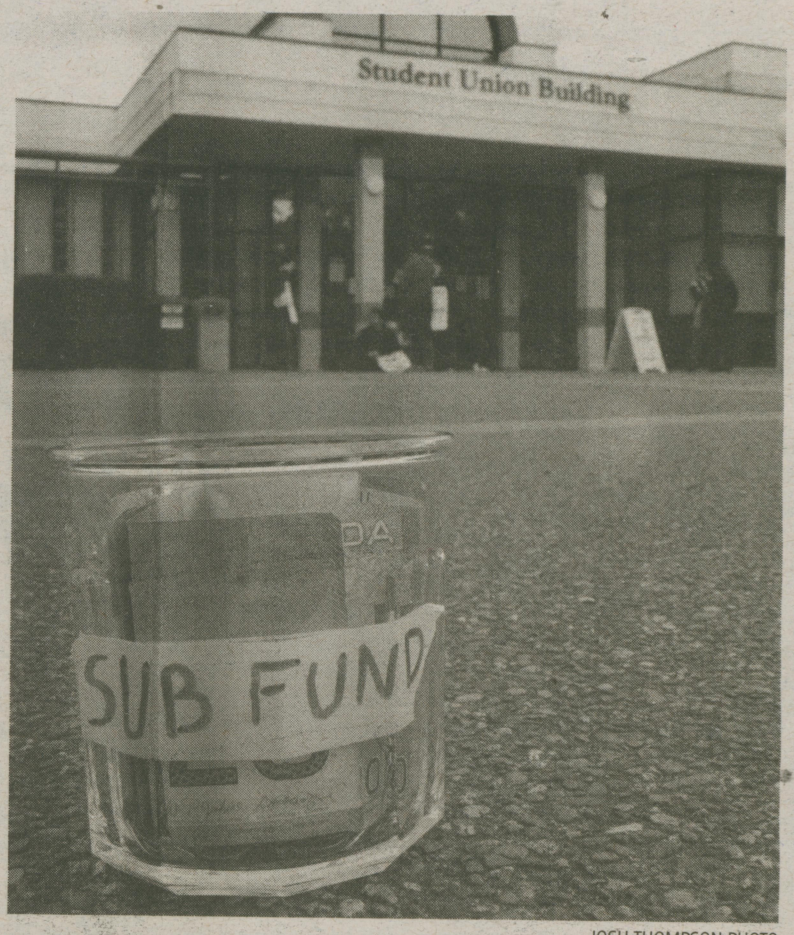
"Look at the job they're doing; it's not easy," said Mashari. "But the old techniques are not working. We're one and a half months in — things have gotten to the point that something's really wrong here, and it should have been addressed early on."

Because only board members are allowed to attend in-camera sessions, Fournier said it's hard to know what the board's plan to end the strike really is, which only breeds mistrust between the two sides — something Fournier believes is hurting progress.

"The board has to be the 'bigger person' here so the workers are given a reason to believe in them again," he said. "There needs to be some back-scratching going on right now, and so far there has only been back-stabbing."

According to Mashari, the biggest problem is that while the strike is going on, even more important issues are being sidelined, like the recent tuition hike, and the fact that many of the SUB outlets are outdated and in need of change.

"There's a much bigger target we're forgetting about because we're too busy fighting each other," Mashari said. "The student union and the student society should be on the same side. And the issues need to be brought back to where they should be."



JOSH THOMPSON PHOTO

Tim Fournier of SAW and Aida Mashari of SDS think students would be willing to help with raising funds if it meant getting their SUB back.

This week in Martlet history

Stories from the Martlet archives

Oct. 14, 1976 — Education Minister Dr. Pat McGeer infuriated students and UVic officals during a visit to the campus when he indicated that he would back the B.C. Universities Council's move to end construction of new buildings at UVic. Students jammed offices, hallways and washrooms in hopes the minister would see. He only stated it would be wrong for a minister to undercut legislative intent.

Oct. 21, 1965 — A UVic proposal for the joint development of a sports stadium to be built at the Gordon Head campus received enthusiastic support. The 3,000-seat proposed stadium would be funded by municipalities around UVic. University president Dr. Malcol Taylor stated that the grounds would be a "true community effort."

Oct. 22, 1992 — UVic Pro-Choice Action Network took to the streets to demonstrate against the policies of the Reform Party's Preston Manning. "Hey-hey, ho-ho, the Reform Party has to go!" was chanted outside the Empress Hotel. Students criticized his policies on Aboriginal people, the environment, gay's and women's issues and more.

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Tent cities not illegal: ruling

After epic court battle, judge sides with homeless

Todd Coyne and Sam VanSchie

Police were in violation of human rights when they enforced a bylaw that made it illegal for homeless people to erect temporary shelters, according to a precedent setting case in the Supreme Court of B.C.

The Oct. 14 ruling came on the three-year anniversary of notice being served to campers in a tent city erected in Cridge Park stating they must disband. Since that time lawyers have been fighting to make it legal to have a tent city in Victoria.

"Homeless people are put in a position where they are forced to break the law to sleep — and they have to sleep," said Irene Faulkner, a lawyer working on behalf of the homeless. "The judge agreed that was a violation. We're quite happy with that."

Homeless advocate David Arthur Johnston said after the ruling that he planned to set up a tent in Beacon Hill Park. Previously, he often slept outside without shelter to comply with the bylaw.

"It's going to be a lot better at night," he said.

To win their case, lawyers argued last July that the bylaw negates Canada's international obligations as a signatory to the United Nations Universal Declaration of Human Rights and violates an individual's right to "security of person" as guaranteed in the Canadian Charter of Rights and Freedoms.

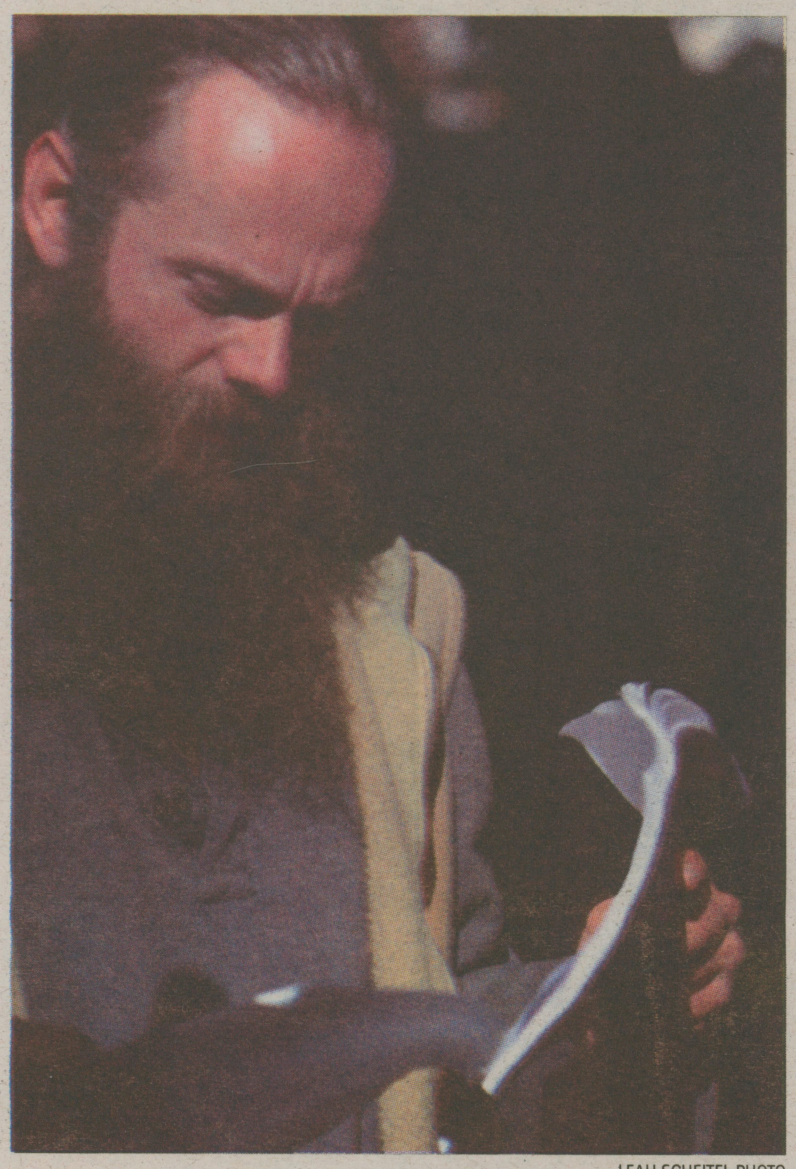
Further, they argued that sleeping under a temporary shelter and subsisting on public grounds are "harmless, involuntary, life-sustaining acts," which are unavoidable and inseparable by definition from one's status as homeless.

The no-camping bylaw, they claimed, was an arbitrary punishment of homelessness as an unlawful act rather than a mere state of existence and implicitly criminalized poverty.

During the case, legal counsel for the City of Victoria and the B.C. Attorney General's Office drew on the example of the Cridge Park tent city, calling it a lawless bastion of violence, dope, disease and degeneracy of every sort. They claimed striking down Victoria's no-camping bylaw would initiate the permanent occupation of public parks throughout the country – a point on which the city, the province and Johnston all agree.

After the ruling, Johnston predicted there would be a tent city back up in Victoria by the end of the month, and that others would be following suit across the county as the homeless hear of the case.

"The city might still try to restrict it," Johnston said. "We'll have to wait and see."



LEAH SCHEITEL PHOTO

David Arthur Johnston reads the Supreme Court ruling that recongnizes the fundamental right to sleep. He has fought the case since 2005.

THE MARTLET

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CLARIFICATION

The Martlet wishes to clarify that the accusations made by Dylan Hardie against Rebecca Robb, as reported in the Oct. 9 issue, were allegations and were not supported by any evidence of wrongdoing by Robb.

MARC JUNKER GRAPHIC

Students may fare well in recession

Scott Daly

With the recent flood of bad economic news, many soon-to-be UVic graduates are beginning to wonder about their future job prospects.

UVic economics professor Merwan Engineer says that while Canada is in a good position to weather the economic storm coming from the U.S., the country is not immune from what is expected to be the worst slowdown to grip the world economy since the Great Depression.

"For students, their prospects (at least in the short-term) are going to be somewhat less rosy than they would have hoped," said Engineer. "This appears like it could be something that's much bigger than an ordinary recession."

To date, much of the economic crisis has been confined to the financial markets, which have lost more than one third of their value since June.

However, Engineer warns that if things don't get better soon, the rest of the economy will start to feel the effects as well.

So far, Canada has avoided signs of recession, and key economic indicators have continued to beat predictions. The country managed to create 107,000 jobs in September, though most of those were only part-time, and the gross domestic product (GDP), which measures the total value of goods and service produced in the country, rose 0.7 per cent in July. Nevertheless, with the world economy expected to grow by less than four per cent this year, compared to more than five per cent in 2007, demand for Canada's exports is expected to weaken.

Representatives from Canada's five largest banks (TD Canada Trust, the Bank of Montreal, Scotiabank, CIBC and the Royal Bank) have expressed that they expect little to no economic growth in Canada in the near future, though the International Monetary Fund still expects Canada to outperform most of the developed world. Much of this has been attributed to relatively high prices for Canada's commodities and the fact that Canada's banking system does not have the same structural problems as the U.S.

Locally, Victoria is expected to fare better than most parts of the country with employment in the federal and provincial governments moderating job losses in the private sector.

Sasha Angus, the economic development officer of the Greater Victoria Development Agency, says that with the lowest unemployment rate in the country at 3.4 per cent, Victoria's economy remains strong and in need of skilled workers.

"In meetings with local companies, the number one issue that we hear from them is the need to hire more talented individuals for their business," said Angus.

"We would strongly encourage students graduating from all of our academic institutions to look locally for the tremendous job opportunities that are available in Greater Victoria."

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SUB financial loss increases as strike wears on

With growing food spoilage, garbage and time lost, the building may suffer a sticky start-up

Danielle Pope

While the unionized student workers continue to picket for a higher wage, inside the Student Union Building senior managers are racking up the losses — and the garbage.

According to Dale Robertson, Business Operations Manager of the SUB, the UVic Student Society has been losing thousands of dollars each day to the strike. And while part of that comes from the lack of business generated, the cost of food spoilage is another cause for waste.

Robertson, one of the three managers maintaining the building with the UVSS board while the SUB has been on picket lockdown, estimates the loss was approximately $3,000 every weekday for the first part of September while UVic was getting back in session, then less every day into October as student activity slowed down. Currently, the SUB may still be losing as much as $2,000 a day.

"The first three weeks of classes were the worst [due to student traffic lost]; then things tapered off," Robertson said.

Robertson said the SUB has also lost hundreds of dollars due to food spoilage. About $100 worth of foodstuffs were thrown out from the Health Food Bar, $125 from the International Grill and $230 from the main kitchen.

But while those numbers may seem minimal, the others start to add up.

UVSS chair Caitlin Meggs said the society has done what it could to reduce the loss.

"We salvaged all the food we could and took it to the food bank, then threw the rest out," Meggs said.

Despite the food loss, Meggs believes the result is kind of a trade-off.

"We're not making any money on sales, but we're not paying money on operation either," she said, noting that even vending machines in the SUB are not being stocked during the strike.

With the managers and the board taking turns removing garbage from the building and cleaning toilets, Meggs said that "it really makes you think about the people who do that all the time."

Without janitorial services cleaning the various rooms in the SUB, including those still being used by clubs and organizations, pests and fruit flies are becoming an issue — along with the garbage.

"We've been making runs downstairs, and we did have a little problem [with pests], but it was taken care of," said Robertson.

A pile of garbage behind the SUB is beginning to grow to intimidating proportions. And while it's clear that unionized janitorial staff are out of the picture, Robertson says that even private companies aren't eager to put a helping hand forward.

"It's really hard to get anyone right now, because it's a business choice," said Robertson. "[Garbage collectors] won't cross the picket lines because it's bad publicity — no one wants their name on the side of the van that comes to take out the [SUB's] trash."

Robertson also said the managers and UVSS members are taking measures to make sure the mess is well contained and managed.

JOSH THOMPSON PHOTO

Without the union, garbage behind the SUB has been growing since the strike started. Now the UVSS is having to keep some spoiled foodstuffs in the coolers due to the lack of space.

"Right now we do have [food] products in the coolers we would not serve, but it doesn't have to go out right away. There's just no room," Robertson said.

Robertson also noted that it's hard to speculate how much money the SUB will lose until closer to the end of the strike. Many SUB events booked as far ahead as November, like the Blood Bank, Career Fair, Imaginus poster sale and a variety of catering conferences, are already canceling or have been rescheduled.

UVSS events like UVic Idol, the Poker Tournament and band nights at Felicita's have also been pushed back, but may wind up cancelled due to time-sensitive sponsor-donated funding and the time needed to get people signed up and enthusiastic.

"We were thinking about compacting UVic Idol into a shorter span of time, but then we'd risk running into final exams," Robertson said. "Chances are we will be running it next term."

While many are anticipating the reopening of the SUB, both Robertson and Meggs noted that starting up the building again won't come without its trials. Business operation will take some time to get back to full force, said Robertson — and not just due to restocking the food supplies.

Robertson noted that staffing will be the particular issue, as many strikers have gone on to accept jobs elsewhere. He said the Health Food Bar will take the most time to get back up and running because of the staff required.

How fast could the SUB realistically start working again? Robertson speculated that full function could take days, weeks or even longer.

"But," Robertson said, "we could start serving beer at Felicita's tonight, if the strike was over."

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Advocacy groups seek financial boost from students

Sam VanSchie

Three student-run advocacy groups are hoping for a funding increase from student fees starting in January.

The Women's Centre (WC), Pride and the Students of Colour Collective (SOCC) intend to create a referendum asking undergraduate students to support a $3.55 fee increase per full-time student. The fee would be added to the $67 each student currently pays per term toward the societies.

The fee, if supported, would be split between the three groups with 55 cents going to the WC and $1.50 going to both Pride and the SOCC. The increase would bring each group up to a funding base of $2 per student.

UVic Student Society Director-at-Large Brodie Metcalfe said the three groups will be lumped together for one fee increase on the referendum, rather than asking students to approve each one individually.

"We want to avoid placing hierarchy on levels of oppression," Metcalfe explained. "That would be doing what we're trying to fight against."

The collective funding increase would amount to roughly $32,000 per term.

Both Pride and SOCC say they would use at least $5,000 of their increases to hire respective office co-ordinators each term. The new employees would help in keeping their club spaces open for drop-ins and for planning long-term group development.

"Right now it's just students doing [the staffing], so hours change every semester," said SOCC representative Luam Kidane. "We can't be there full-time."

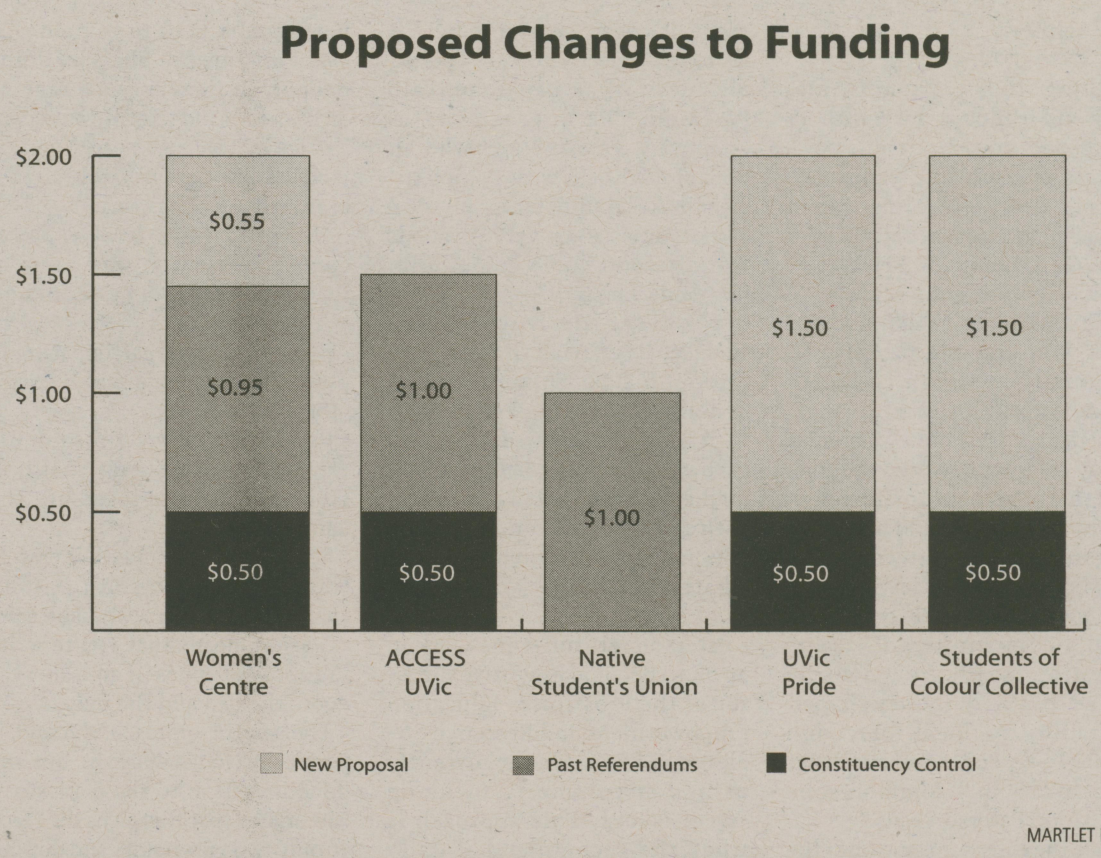
Pride representative Chris Ross believes the issue of part time schedules is especially a problem for Pride. He said an empty office is especially problematic for the club's potential visitors as it takes a degree of bravery to come to the Pride office.

"It doesn't help when they see the door closed the first time they come. We don't know how many don't come back again," he said.

The WC already has an office co-ordinator, but representative Anna Turje said their money will be used to expand outreach.

The date for the referendum will be set after the strike ends, when arrangements can be made to hire somebody to oversee the voting process.

The UVSS's preference is to hold the vote before the end of the fall term, allowing the fees to be collected with January tuition. Otherwise, the referendum will be carried out with regular UVSS elections in March.



MARTLET IMAGE

The Women's Centre, Pride and the Students of Colour Collective will ask students to pay $3.55 more in student fees, bringing their funding base to $2 per students each. The money is for co-ordinators and outreach.

A special referendum held this term will cost the UVSS about $13,000.

Two other advocacy groups, ACCESS UVic and the Native Student Union (NSU), will not receive a funding increase with this referendum.

Turpin sheds light on university-government relations

Kat Eschner

When it comes to UVic's budget and the B.C. government's Letters of Expectation, balancing autonomy with public accountability is essential for universities, according to UVic president David Turpin.

In a recent interview, Turpin shed light on the factors at play behind the complex university-government relationship and detailed how UVic coped with the recent struggles resulting from that relationship.

"[That relationship is] one of the things I think we always have to be very wary of and very concious of," Turpin said. "We can't take [government and taxpayer] money and simply go do whatever we want. It's this tension between independence and autonomy, and public accountability."

Provincial government funding, often delivered yearly, is usually tied to a budget letter which details enrolment targets and possible projects requiring university-government co-operation.

A recent stumbling block in the ongoing university-government dialogue arose from a change in the budget letter structure, resulting in the questionable Government Letters of Expectation [GLEs]. The province's four major research universities, UBC, SFU, UNBC and UVic jointly refused to sign the original letter and participated in a redrafting process which resulted in a document they deemed signable.

"The changes to wording that were made were fairly minor, but they changed the flavour of the letter so it was more in keeping with previous performance plans that we've signed off on," said Turpin.

University governance consists of three bodies: the Board of Governors, which deals with fiscal matters, the University Senate, in charge of the academic end of things and the Executive Council, which publishes an annual progress report and oversees the functioning of the university. The budget letter, and this year the GLE, falls under the jurisdiction of the board.

"It [the letter] really expected the chair of the Board of Governors to simply sign off on things that aren't the board's sole responsibility, that involved the Senate," said Turpin.

Two months before the GLEs were released, the government struck a blow at post-secondary finances by cutting 2.6 per cent of promised funding, resulting in a $4.2 million budget deficit for UVic.

The cut was made just days before universities released their budgets for next year. UVic decided to continue with its budget as planned.

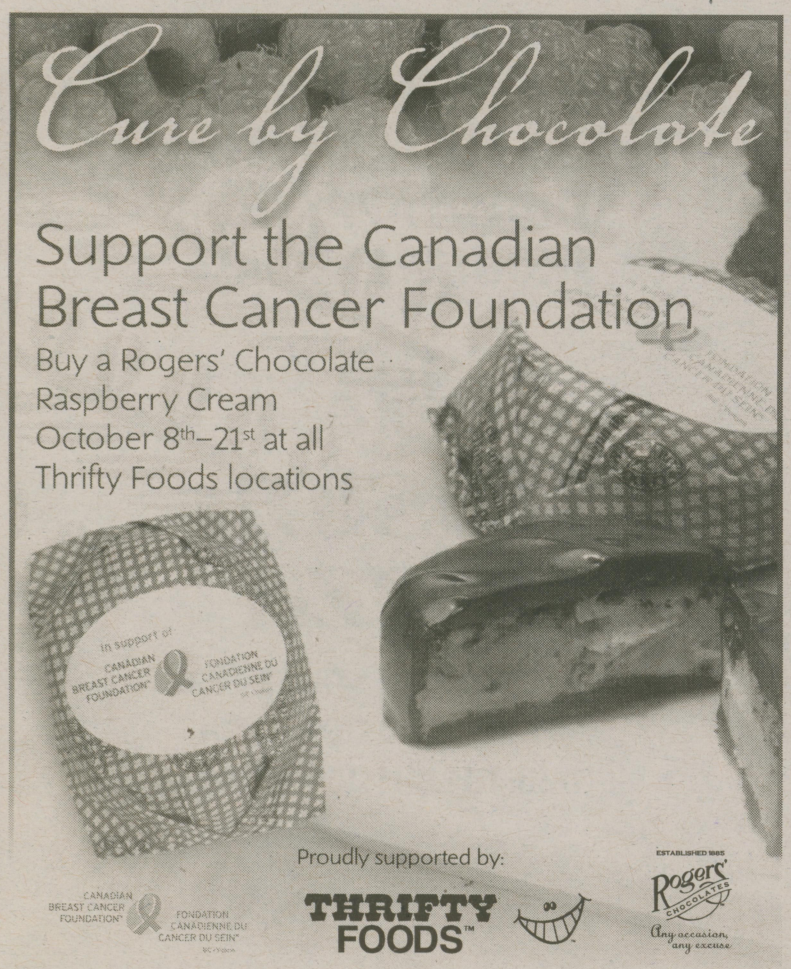
"We were at least able to give the community a year to plan, as opposed to a week," said Turpin.

UVic's initiatives for this year were funded with backup resources from university coffers. This bought an extra year to consider how best to cope with the cut.

When universities across the province release their budgets for the next school year in March, it will be apparent how they intend to deal with reduced funding.

Turpin said that consultations about the budget with various university faculties were still ongoing.

He had no concrete forecast for what next year's budget might look like.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Passion means covering all sides: journalist

Kat Eschner

"Nothing stops us from seeing, doing and feeling a story, with all due respect to the obvious constraints of time and resources," said self-described former career journalist and current activist Jodi Paterson in the second Harvey S. Southam public lecture Oct. 9.

Paterson's topic: "Talking About What Matters: the promise of community media in an age of disconnection."

Paterson, still a Times Colonist weekly columnist, voiced the concern that newspapers and newspaper journalists would not adapt their roles to the swiftly changing media climate, at society's loss.

"If you think back to a time when a community got its information mostly from a single source — the daily newspaper, the radio, the local television channel — people were at least participants in a common conversation," Paterson said.

Since the Internet came onto the scene, it's been easy for individuals to self-select which viewpoints and news they consume, said Paterson. The Internet creates communities of people who all hold similar beliefs and opinions. That makes it difficult for physical communities and neighbourhoods to unite and solve community problems, she said.

"No longer do [people] find themselves drifting through page three of the daily paper and accidentally discovering a viewpoint they hadn't considered," she said.

Now, Paterson says, unless you deliberately go looking for alternative views on the Internet, what you find out will merely reinforce whatever it is that you already think you know.

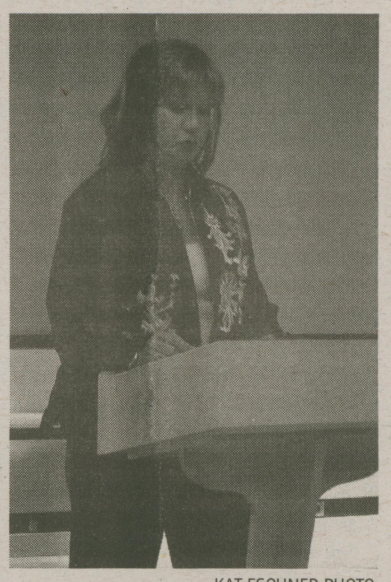
Paterson left full-time work in 2004 to become executive director of the Prostitutes Education Empowerment and Resource Society (PEERS). She is currently using her column to focus on street issues. This approach is what she recommended daily newspapers take to remain relevant and useful. She said doing deeper, long-term coverage of an issue would give newspapers a place in a world where the basic facts of news are available almost instantly on the internet.

"I would have a newspaper choose an issue it was going to focus on for an indefinite amount of time," Paterson said. Her vision: "local journalists participating in powerful, informed and relevant storytelling."

Journalists, Paterson said, often think that caring about an issue and being biased are the same thing.

"Bias to me means deliberately leaving out aspects of the story that you disagree with," she said. "Passion means that you're writing about all sides of an issue: the good, the bad and the ugly."

The current approach, she said, is "drive-by" journalism: in, out and gone in a flash to the next story. She argued that this gives the reader only two viewpoints and doesn't give them enough information to make informed decisions. During the lecture, Paterson's small frame was dominated by her large voice and quick, articulate speech. A colourfully-jacketed figure in platform shoes, she will be teaching an upper-level UVic journalism course this fall, "Changing Perspectives" (WRIT 314), as part of the ongoing Southam program. The course will focus on the practice of "experiential journalism," where students will participate in hands-on assignments and community field trips. The David Lam Auditorium was nearly filled by community members and students, some of whom participated in the 45-minute Q and A which followed her half-hour presentation.



KAT ESCHNER PHOTO

Jodi Paterson talks journalism.

Harvey Southam was a UVic alumnus and a journalist for some time before he left the profession to manage the Southam family holdings. He died in 1991 at the age of 45. The Southam family previously funded bursaries to students in the Harvey Southam Diploma program. A further donation in 2004 from Mrs. Jean Southam, mother of Harvey S. Southam, enabled the university to create this annual position for "a journalist of national renown."

Staying in school is the key to longevity, says study

Valeria Nekhim
THE CONCORDIAN

MONTREAL (CUP) — Staying in school might help you live longer, according to a new Statistics Canada study on mortality rates.

The Canadian census mortality follow-up study shows that between 1991 and 2001, the lowest rates of deaths per 1,000 people, per year, were among the university educated, professionals, managers and individuals with high incomes.

Conversely, people without a high school diploma, the unemployed, those with unskilled jobs and people in the lowest income brackets had the highest death rates.

When it came to men, only 51 per cent of the poorest one-fifth of Canadians were predicted to survive past the age of 75, compared with 72 per cent of men in the wealthiest one-fifth. For women, the percentages were 72 per cent and 84 per cent, in favour of those in the wealthiest one-fifth.

For both men and women, with the exception of those 85 and older, mortality rates were highest for the uneducated. As education levels increased, mortality rates decreased proportionally.

According to Mary Lee Maurel, a sociology professor at Concordia University in Montreal, although health care is free in Canada, individuals who aren't as educated and those who have lower incomes tend not to take full advantage of the services available to them.

"They go to the doctor only when they are really sick, instead of going for annual check-ups and follow-ups," said Maurel.

Rob Rainer, a poverty advocate and the executive director of the National Anti-Poverty Organization in Canada, believes the Canadian health-care system is flawed.

"Our primary health care is really dealing with health problems once they've occurred, but the main focus should be on prevention and preventative health care," said Rainer.

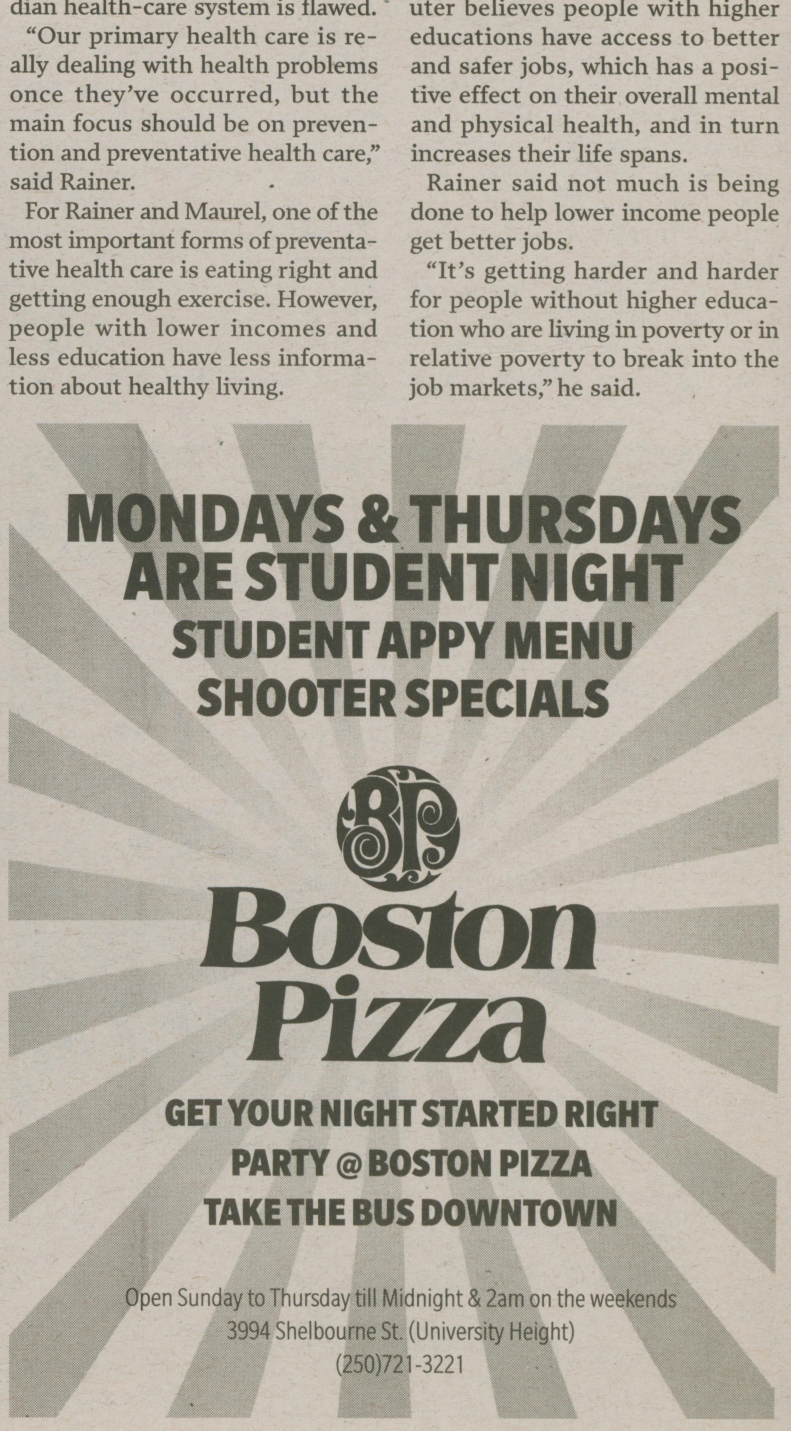
For Rainer and Maurel, one of the most important forms of preventative health care is eating right and getting enough exercise. However, people with lower incomes and less education have less information about healthy living.

As well, a healthy lifestyle can be more expensive. According to Rainer, Canadians living below the poverty line don't have the money to live a healthy lifestyle. And with many of Canada's poorest people working more than one job, they don't have the time.

Shelly Reuter, a sociology professor at Concordia, said it's shocking to see just how many uneducated, low-income women skip standard procedures like mammograms. Reuter believes people with higher educations have access to better and safer jobs, which has a positive effect on their overall mental and physical health, and in turn increases their life spans.

Rainer said not much is being done to help lower income people get better jobs.

"It's getting harder and harder for people without higher education who are living in poverty or in relative poverty to break into the job markets," he said.



Homeless issues first for Victoria council candidate

Sam VanSchie

If elected to Victoria City Council on Nov. 15, Rose Henry says she'll work toward a real solution to help the growing homeless population in the downtown core.

It's the 50-year-old's third time running for council. Henry received over 3,000 votes in the 2005 and 2002 municipal elections — about half the number it took to earn a seat those years. This year she hopes it's her turn to be a councillor.

"The election issues haven't changed election-to-election," Henry said. "Nobody has been able to find real solutions to key issues because they don't listen to what people want or don't see things through."

Henry said this is especially true of politicians' attempts to house people living on the streets in Victoria.

"The mayor wants to put homeless people in temporary shelters, but that isn't necessarily what those people want," said Henry. "The body gets used to sleeping outside, and going in and out makes them sick. So, if they want to just sleep outside until they find a permanent home, that needs to be okay."

Henry believes that people who are only asking for socks and a clean t-shirt need to be honoured — the answer, she says, isn't to make it illegal for people to sleep outside.

And the councillor hopeful has had plenty of experience listening to what homeless people are asking for. She works for HomelessNation.org, an online forum created for and by street-involved people across Canada.

As part of her work, Henry frequents downtown Victoria with a video recorder, taping stories from the street which she edits and posts on the site.

The site also shares her own 15-month experience living without a home.

Today, Henry considers herself to be among the working poor. She and her husband share a small four-bedroom house in Fairfield with six other individuals.

"I want to prove that you don't have to be rich to be on council," said Henry. "Knowing this issue [of homelessness] first-hand puts me in a place that I can understand it and I can address it. That's what we need today — not just empty promises."

JENNIFER ZHOU GRAPHIC

Henry says grassroots solutions are required to address the basic daily needs of homeless people. Meanwhile, changes need to be made at the municipal level to make available a wide variety of affordable housing options.

"We need to get rid of bylaws that make it hard to be poor ... like the limit of how many unrelated people can live in a house, which stops community housing projects where people could afford to live," Henry said.

Henry says she believes in a preventative approach — one that subsidizes the rent for poor people and creates more sliding-scale social housing.

"If we can get it so people aren't paying more than 25 per cent of what they earn towards housing, there will be less people on the street," she said.

Henry also said she'd work toward options that specifically target groups at a high risk of becoming homeless, including people with mental illness and addiction, as well as First Nations people.

As a member of the Coast Salish Nation, Henry believes she is especially well positioned to understand why about a quarter of Victoria's homeless are First Nations, despite representing only 2.8 per cent of the city's population.

Henry's father was the last hereditary chief in Powell River.

"Politics is in my blood," she said.

Henry has lived in Victoria for 25 years. She's on the Board of Directors of several community groups, including the Together Against Poverty Society, the Victoria Native Friendship Centre, the Capital Region Race Relations Association and the Vancouver Island Human Rights Coalition.

"I want people to know that I'm in it for the long haul, and I'm not going to quit when the answer isn't easy," Henry said. "I think I've shown this city that I'm persistent and they're going to have to let me in some time."

Politicians not tech-savvy enough to reach young voters

KSENIA PRINTS
THE UNITER

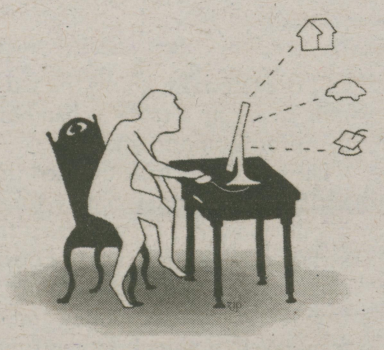
WINNIPEG (CUP) — Youth voters prefer to be contacted through Facebook and similar technological means, according to a recent poll, but Canadian political parties are just not listening.

The poll, conducted for the Dominion Institute by Innovative Research Group on Sept. 24, showed that 83 per cent of polled youth picked Facebook as their preferred means of political communication, with cell phones at a close second at 81 per cent.

The Internet in general was the choice of 35 per cent, and television stood at 30 per cent.

"If you look at the usage of mainstream media among young people, it's declining rapidly," said Harold Simpkins, a marketing professor at Concordia University in Montreal.

Only one in ten youth polled reported being contacted by a political party through any new media means.



JENNIFER ZHOU GRAPHIC

"We're way behind the U.S. in terms of using online media," Simpkins said. "If you're a politician, I'd think you want to get more out there in the blogosphere. You've got to be where your market is."

The Green Party and the NDP both have extensive youth sections on their websites, with blogs and podcasts.

The Conservative Party has a podcast and a Facebook page, while the Liberals are absent from the new media sphere, except on Facebook.

"Politicians are finding they need more innovative ways to reach out to youth, but I don't feel that in Canada we're particularly innovative. There isn't one particular party that's good at this," said Ilona Dougherty, co-founder and executive directory of Apathy is Boring, an online organization engaging youth with politics.

Another Dominion Institute poll on Oct. 1 found that only half of those polled replied said they will definitely vote in the upcoming federal election.

"That would suggest to me they still haven't [figured out] how important these social networking sites can be," said Simpkins.

The only group of young voters showing positive signs of election fever is comprised of bloggers, who were 20 per cent more likely to vote than other youth, reported the Sept. 24 poll.

"There's much more information on the Internet now, and bloggers are more likely to notice it and blog about it," said Sagan Morrow, a 20-year-old Winnipeg blogger. "You tend to get more involved with what you're writing about."

Morrow is planning on voting in the upcoming election.

"The Internet is less personal and sort of less threatening," she said. "You don't have to face a person or agree to anything."

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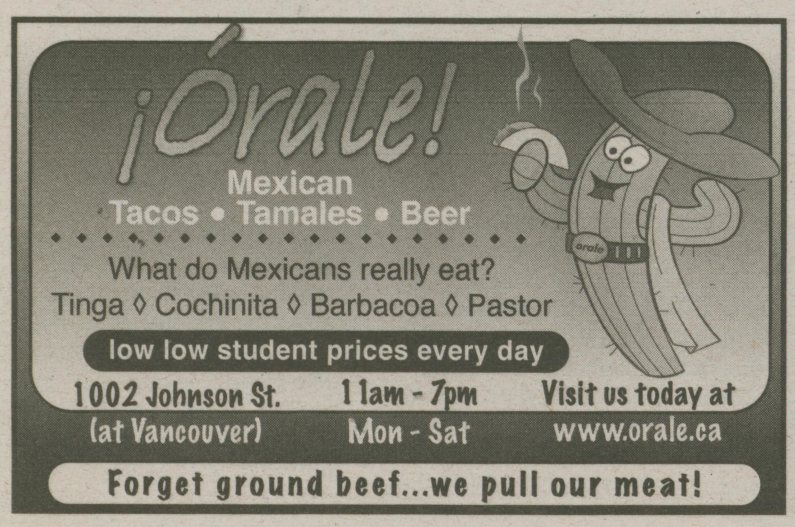
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EDITORIAL

We want our SUB back, and how

It's mighty lonely in the Student Union Building.

September has come and gone with the SUB behind pickets. October is half over and the days are now getting shorter and colder. The SUB sits silently like a ghost town, leaves flitting around amid chilly gusts of wind.

Enough of this forlorn state.

Nobody wants the strike to continue any longer. The strikers have said from day one that the SUB is a vibrant environment and they want to get back to work as soon as possible. The UVic Student Society executives who campaigned so hard for their positions have had their plans completely sidelined by the strike, and they want it to end too.

For many students, the SUB is the heart and soul of campus — the hub of student activism and the home of such essential UVSS services as (among other things) the campus pub. The proverbial writing on the wall was recently scrawled on the outside walls of the SUB in bright red spray paint:

Pay Our Wages, Open The Damn Bar!!

The graffiti was written in the imperative tense, punctuated with an appropriate sense of urgency, using a comma rather than a semicolon to highlight the poetic and prophetic element of the verse. It's no joke: students want the bar open. And they need money.

But when exactly can we expect the beer, the cash and the wages to start flowing again?

Unfortunately, both sides seem prepared to be in it for the long haul, posibly for many more months. UVSS insiders claim they can save a bit of cash if the strike goes through Christmas when they would typically face the cost of holiday pay with little revenue. Union insiders say they have money coming from their union, plus a healthy degree of solidarity fueled by disdain for the level of respect they feel they've received from SUB management.

SUB management takes credit for paying off a million dollar debt from the past. SUB employees say they were a big part of that accomplishment by agreeing to low wages with no increases for years. They say they can't effectively hire people because the wages are too low.

On paper, the latest proposals of the two sides are so close that you would think the strike could end almost immediately. But the two sides seem far apart on the more human dimensions of respect, trust and effective communication. Some UVSS executives have complained that the union's bargaining committee didn't take the latest UVSS offer back to their union members. Some union members have retorted that they are upset that the bargaining committee went as low as they did.

The two sides need to get together for some lengthy discussions to resolve the strike. Given where things are at, it would be a definite success if the UVSS is able to work with the union to resolve the strike in October. If it drags on much longer, something's not right. And you can bet students won't be impressed.

The SUB is a vital part of campus. It is located next to UVic's major bus terminal and transportation hub, an area identified in the UVic Campus Plan for a potential Village Center with a mixture of small shops, services, recreation and entertainment facilities, activity offices, meeting rooms and eating spots. That sure could enhance the area as a centre of university life — not to mention provide services that help reduce vehicle travel.

But at some point the UVSS will be a major player in deciding if and how this vision for a Village Center is pursued. With UVSS elections on the horizon, seemingly so shortly after the previous ones finished, the UVSS needs a way to engage students, staff and management to come up with a longer term plan for its operations. Such a discussion cannot conceivably start without access to at least a few pitchers of beer.

So settle this wage dispute already, and open the damn bar.

Editorial topics are decided on by staff at our weekly editorial meeting at 2:30 p.m. every Friday in the Martlet office (SUB B011). Editorials are written by one or more staff members and are not necessarily the opinion of all staff members.

THE ULTIMATE STUDENT'S GUIDE PRESENTS...

JENNIFER ZHOU GRAPHIC

LETTERS

YPY is duplicitous

The Youth Protecting Youth organization is being duplicitous in their anti-choice campaign.

They are doing this by advocating what they are calling "the obligation to choose well."

"To choose well," eh?

When you use that type of language it is usually to avoid the risk of sounding intolerant or impolite.

The exact meaning of "the obligation to choose well" here seems to be a polite way of saying "the obligation to God to choose well."

That's the only reason to say that you have an obligation to anyone other than a law passed by elected officials.

I object to trying to hide your position in clever word choices. It's like an environmental activist protesting against oil drilling near a wildlife reserve, then driving away in an SUV.

To my line of thinking, you have the freedom to choose in order to take alternative action. By advocating anti-choice the YPY group is asking for the curtailing of abortion rights.

And if it isn't their aim to change the minds of people about abortion, then why are they asking for public money to support their views?

My advice to these people: write your MP and ask for the law to be changed and campaign for it using privately raised funds. Don't try to get the students at UVic or taxpayers to pay for it by hiding your agenda.

Stuart Armstrong
UVic student

UVSS fails to end strike

This letter is in response to the letter which criticized the SUB employees for receiving meagre welfare as the strike turns into a lengthy affair.

I'd like to point out that the UVSS executives are still earning full pay. They work up to 60 hours per week, yet with the strike they are busy with nothing much besides studying for classes in their own comfy offices/reading rooms and occasionally going the extra mile to set up a table to hand out misinformation to students.

The execs who have dragged this strike on by consistently turning down every proposal from the strikers are earning nearly $2,000 each month. Some students may wonder where that money comes from. Well, if you check your fees from September, you'll notice a $67 UVSS fee.

The salaries for the execs — which have not been interrupted by the strike — flow directly from that fee.

In contrast, the welfare for the SUB workers (which totals less than a third of what the execs are receiving) comes from the Steelworkers #8217 union offices, not from other students.

So if you resent your fees being wasted, take it up with the ones who are wasting it.

As the former letter seemed to imply that SUB workers had little incentive to end the strike, I felt this information was worth passing on.

It is the execs who have no impetus to end this strike, and the execs — by flatly rejecting every offer by the Union, no matter how ludicrously reasonable — who are responsible for its continuation.

Andrew Tobin
UVic student

Leaf blowers maligned

Re: "Lessons from the Leaf Blower"

I was reading this week's Martlet and came across a piece written with such indignity that it demanded a rebuttal.

The author of this article humorously belittles his subject as "half man, and half leaf-blower," pointing out the shabbiness of the man's clothing as justification for this patronizing disdain.

He tries to illustrate a kind of existential crisis, without acknowledging the futility of actions outside of the manual labour world.

He relies on stereotypes, and the piece underlines his own shortsightedness more than anything. Having worked similar jobs in the past, weed-whacking public parks, I can recognize that the leaf-blower's frustration as illustrated is understandable.

I think it's extremely smug to take such a vantage point as to revel in someone else's misfortune. "It's hard to believe that this is how some people make a living."

To whom do you owe your priveledge that you can walk around with an air of superiority over those who actually have to struggle in life? What can you be learning with your university education if not basic human compassion?

Arthur Hain
UVic student

Let's get real about the strike

It is great to see someone like Taylor Singleton finally get real about the strike. The fact that many students aren't even inconvenienced speaks volumes about the marginality of the SUB and the priorities of the UVSS.

The SUB's outlets provide OK food and drinks at not-so-great prices. As for the UVSS, it is hard to think of any fun, exciting events that it is known for.

Even Waterloo — a much more serious institution with highly academically focused students — does exponentially better than us, with on-campus clubs, continual concerts, great frosh weeks, and huge special events. So I agree. Let's start concentrating on the services we are providing all our students, not just the few who work for above-minimum wage.

Taylor Termes
UVic student

Happy? Sad?
Enraged? Engaged?
Tell us: letters@martlet.ca
The Martlet has an open letters policy and will endeavour to print every letter received from the university community. Letters must be submitted by e-mail, include your real name and affiliation to UVic, and have "Letter to the editor" in the subject line. Letters must be under 200 words and may be edited.

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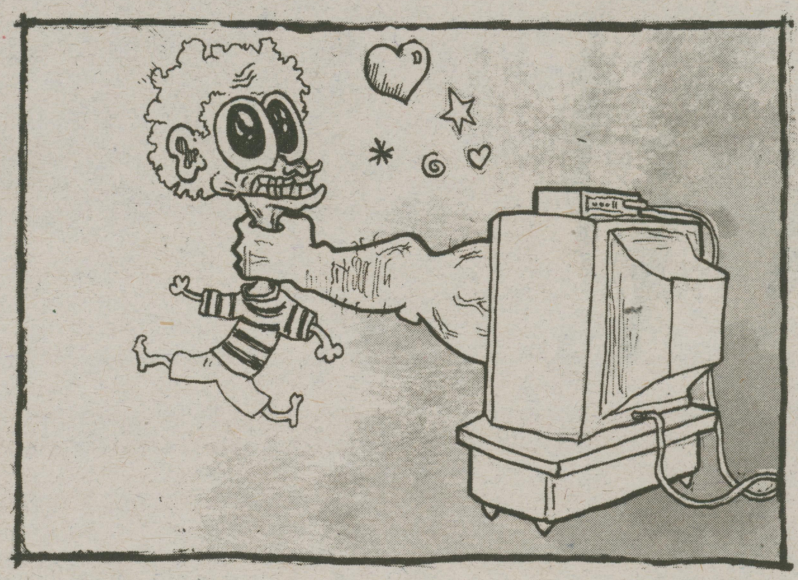
MELODRAMATIC MUSINGS

Surviving television trauma

Will Johnson



MARC JUNKER GRAPHIC

A couple years ago, I watched a woman I love get shot to death.

As I sat there, paralyzed in horror, an Italian gangster named Silvio grabbed her by the hair, threw her roughly to the ground, then shot her in the back of the head as she pleaded for her life.

Her name was Adriana La Cerva, and she was a character on *The Sopranos*.

Over the years, I'd grown to know Adriana intimately. She was a simple woman, and longed for a simple life with her one true love — Christopher Moltisanti.

Though he was a depraved, narcissistic, drug addicted sociopath, she really thought it could work. Through his beatings, drug-fueled rampages and short stint in rehab, Adriana always remained faithful to him.

Then one day, Christopher handed her over to the mob to be murdered.

The next day, I was pacing across the pool deck, unable to focus on the people I was supposed to be life-guarding. A co-worker wandered up to me and, upon seeing my downcast expression, asked me what was wrong.

"Adriana died," I told her.

At first she was horrified. *Who's Adriana? A relative? A friend? Omigod I'm sooooo sorry!*

When she found out that Adriana was a character on TV, she hardly knew what to say.

The thing is, when you invest time in a TV show, these things sting. Unlike a movie, where you've known the characters for an hour or two, a TV show boasts upwards of 50 or 60 hours of character development spread over years and years of faithful watching.

When someone dies on your favourite TV show, it has an impact. You know they say TV rots your brain? I disagree.

Perhaps television shows are a gateway to our deepest human emotions — a vehicle for expressing and exploring our inner demons. Even the most quirky, farfetched shows can have significant emotional impacts on our lives.

Sometimes it's just nice to curl up on the couch with a tub of ice cream and immerse yourself in a dream world for a couple hours. I'm not going to try to argue that anything worthwhile comes out of watching reality TV. But a good show, like literature, can be like a mirror to our souls.

Back when *The Sopranos* was my religion, I found myself illustrating points and making decisions based on creator David Chase's worldview.

"This is like the time Carmela threw Tony out of the house," I'd say to one of my friends, only to have them remind me that *Tony and Carmela are not real people, Will.*

But do they need to be?

Shows like *Mad Men, Weeds* or *Generation Kill* can illustrate the way the world works in ways broadcast journalism never could.

Would I sit and watch two hours of news about the ghettos of Baltimore? Probably not. But I have no problem lounging in my boxer shorts, watching episode after episode of *The Wire*.

Sometimes I feel like I've learned more from TV than from school.

Of course, there's a flip side to this coin. There's mindless American propaganda like *24*, and empty action-hero pageantry like *Prison Break*.

But for every show like *CSI: Miami*, there's a quality show like *Dexter*. For every crappy sitcom, like *Two and a Half Men* or *Reba*, there's intelligent, carefully constructed shows like *Lost, Rome* or *Buffy the Vampire Slayer*.

Chances are, I will never jump into a gladiator arena and grapple with a six-foot-tall warrior, bludgeoning him to death with a battle mace.

I also won't ever know what it's like to mistakenly kill my best friend with a hit of heroin. I won't get the chance to kung fu fight a vampire, or chop off a co-worker's head and stuff it into a bowling bag.

I'm also willing to bet money I will never have sex while levitating or have my son kidnapped by island-dwelling freaks.

But thanks to TV, I don't have to.

FASHION FOLLOWINGS

Matching couples make a mark

Trisha Gieni

Lately, I've been noticing that couples tend to match — not in that uncomfortable identical track suit kind of way, but in more of a subconscious way.

Earlier this week, as I walked out of the McPherson library, I saw a couple coming through the double doors.

How did I know they were a couple? They had that *we fit together and our wardrobes prove it* look. They were both wearing an identical colour palette, and their hair looked like the handiwork of the same stylist.

It got me thinking about whether or not couples need to look like they physically belong together. Sure, everyone always has an ideal type they never like to admit, but does style really factor into this?

On campus, a few different types of "style couples" seem to pop up often.

First, there are the scenesters. They have the look of another era, and can only be viewed together or in a group.

It's not that their look isn't interesting, but it really only looks like it makes sense when paired with their significant other in a similarly-dressed fashion.

Then there are the pairs who look like they both have been on a college campus their entire lives. UVic sweatshirts, sweatpants, hats, water bottles and stationery make up the look of these two.

They are often seen snuggling together with a textbook in hand, talking about the next sporting event they are attending.

Also seen around are the hipsters. Their American Apparel ways seem to invite any other zip-up hoodie to walk beside them. The fact that they can actually wear each other's clothes doesn't hurt either.

Of course, we can't forget all of our UVic hippies. This is otherwise known as the average couple on campus, but with a little extra fashion sense.

While there are loads of people who don't fit into these categories (or fit into a bit of all of them) if you are clearly in a style category, can you cross over?

I would like to see a dreadlocked lady with a hemp skirt and Birkenstocks holding hands with a guy in a polo shirt and plaid shorts.

Or maybe a person in a vintage handmade dress from the '70s with someone straight out of a Marilyn Manson music video having lunch on the field.

Personally, I think that mismatches sometimes work better than matches do.

Think of animals. Male birds are often completely different colours than their more camouflaged counterparts and in the world of dogs, different breeds can sometimes create better puppies.

We tend to make fun of "those" couples who have blended into each other, but both sides of the argument make sense.

Why wouldn't we search out someone who visually matches us? It may not be right or wrong, but it's easy to see how it happens.

But just before you start using your favourite fashion store as a meat market, go outside of your look and see all the options out there.

SUB strike is the UVSS board's fault

Graham Briggs

The chair and directors of our Students Society are all very bright, decent people. But as business managers they are dangerously inept.

The nasty labour dispute that has shut down our Student Union Building and cost us over $100,000 in lost profit is entirely the fault of the UVSS board.

The board members' main flaw is their ignorance of economics — they are oblivious to the labour market in which the SUB operates.

In Victoria, the supply of workers is low, but demand is extremely high. In fact, with an unemployment rate of 3.2 percent, Victoria has one of the tightest labour markets in Canada.

The UVSS board failed to grasp that $9.95 per hour is far too low to attract and keep good workers. Indeed, the SUB was understaffed before the strike began.

The workers who staff our SUB are easily worth $12 to $13 an hour. The workers realize this, and that's why they are on strike — those of them, that is, who haven't already found better pay elsewhere.

A wage increase for SUB workers could likely be covered by slight price increases on inelastic goods (i.e. beer, vodka, rum, espresso), and by almost unnoticeable price increases on food and movies.

The board members' obliviousness to Victoria's labour market conditions resulted in their failure to establish a solid, well-researched negotiating position.

Consequently, the board's initial wage offer was stunningly absurd. Over three years, the offer would see student staff receive a three per cent increase, while permanent staff would receive just over two per cent.

In 2008 alone, inflation in Canada is projected at 2.5 per cent, meaning SUB workers would see a decrease in real wages every year for the next three years.

In their previous three-year collective agreement, SUB workers received only a five-cent increase in the third year. The UVSS board's current wage offer would mean a significant decrease in the real wages of SUB workers for six years in a row. This foolish offer antagonized and unified the striking SUB workers.

To observe the UVSS board's incompetence first-hand, go to their website and read the Member Advisory. In a sad attempt to justify their initial wage offer, the board cites 19-year trends (yes, 19) in inflation and SUB wage increases. If the average SUB worker began working there 20 years ago, these trends would perhaps be relevant.

Of course, most SUB workers have been there for only three or four years. In that time, inflation has risen sharply (especially food and energy costs), resulting in a sharp decrease in their real wages.

Worse still, several UVSS members endorsed the B.C. Federation of Labour's campaign for a "living" minimum wage of $11 per hour (you've likely seen the campaign posters in the SUB). To SUB workers, this hypocrisy is profoundly offensive.

In the Cougars' Den

A look at Victoria's nightlife from the wild side

by Connally McDougall
Illustrations by Marc Junker

Darla's Top Ten Things To Say to Avoid a Cougar

10. "It's a school night."
9. "Sprechen Sie Deutsch?"
8. "I'm a Morman."
7. "Can you do _____(insert foul sexual act)?"
6. "I just had a hernia operation."
5. "My dad would like you."
4. "I'm gay."
3. "I'm a eunuch."
2. "I've got _____(insert STI)"
1. "Aren't you in my mom's book club?"

Your Aunt Judy and her cronies are out looking for younger love in all the wrong places, with all the wrong devices.

Three words: leopard print miniskirt.

While watching my 27-year-old friend, David, perform at Darcy's Pub, I was overwhelmed by the 40-plus-year-old women hitting on him. And no, it's not just because he's in a band. These women had no qualms about puckering their fuchsia lips towards any male youngling catching their catty eyes.

Who are these ladies of the pubs, these aging bar-wenches? These are the cougars of Victoria and they aren't tame.

A "cougar" is an older woman who frequents nightclubs, bars and pubs in search of her prey of choice: young, attractive almost-men. In ancient times the cougar was a symbol of strength and stealth. Nowadays, even websites have even been dedicated to the cause, including Cougared.com and DateACougar.com. Unattached, middle-aged and (let's face it) a little desperate, it's easy to find several of these women tramping about from pub to pub on any given weekend in Victoria, looking for their flavour of the night.

You've seen them before — they're the ones with the low cut camisoles, the animal print (skin-tight) skirts and leggings, the overt make-up and the hefty musk of rose-scented pheromones. All of these measures are an attempt to appear younger, sexier and more attractive; however, the opposite effect is most often achieved. Upon teasing my friend about how he felt after these women's flagrant advances, his answer was simple: "I need to take a shower."

Of course, not all relationships between older women and younger men are "icky." Some age disparities in relationships comes via fetishes, while others happen the old fashioned way: common interests, common goals, common attraction. However, almost by definition, a cougar flirts on the cusp of social appropriateness, and may find herself in a den of underage boys just trying to get a taste of sex.

What makes some women risk bedding a minor and abandoning all propriety in hopes of a one-night romp? To answer some prickly questions and to give insight into the cougar world after 10:30 p.m., I met mousy-rooted and long-legged "Darla," 46, at the Moka House on Fisgard Street (just to prevent any nighttime distractions).

Darla christened herself a cougar years ago, and graciously offered me her fountain of knowledge — luckily, she didn't pass on her fountain of drugstore perfume.

For all the young ladies trying to hold tight to their young men, heed the info below.

"It's not just the sex that I'm out to find," Darla tells me. "It's the conversations along the way that are often better than the grunts in the bedroom."

Darla sips her skim milk chai latte through a straw (drinking slower helps you feel fuller, she tells me), and flattens her black capri pants against her trim legs. It's clear that she takes care of herself, as her carefully trimmed cuticles and her pilates-shaped physique attest to. Does she ever feel cheapened by her actions?

"I'm not like that, " she says. "Those cougars are a dime a dozen, and I'm young enough. You could call me a puma."

Darla stands to get another latte and offers to buy me a drink. I find myself wondering how many times a week that proposition leaves her lips. I shake my head, but she doesn't back down; her index finger wagging last week's manicure. Somehow I end up with a dairy-laden caffeine concoction.

But how does one fend off a cougar? Especially a cougar uninhibited from a high blood alcohol level? The night scene (or any scene, for that matter) is still safe for smart party-goers, according to Darla. But, she says, if ever in doubt, just keep your knickers in a knot.

I ask Darla what keeps her out of the pants of certain boys. She gives me ten excuses to get out of the cougars' den, including confessing you're gay, and a telling her it's a school night.

But Darla can laugh at herself (a good sign that there's hope for both a cougar and her prey), and her smile is genuine — no capped teeth, no Botoxed lips. She's also a real-life mom.

Profile of a Cougar

Name: "Darla"
Age: 46
Height: 5'6"
Weight: nevermind
Marital status: never married

Occupation: receptionist/night prowler

Best place for potential hookups: Swans Pub, Darcy's

Worst place for potential hookups: Spinnakers, James Bay Inn, Maude Hunters

Most unlikely place hookup worked out: dorm party at UVic

Widest partner age gap: 28 years

Most embarrassing cougar moment: hitting on her son's friends at a Halloween event at Hush

Average nights spent out: four nights a week

Last significant relationship: Denis, the father of her son, 19 years ago

Signature style: black boots, denim bustiere, merlot pencil skirt, lash extensions

Best lines: "Need a refill?" "Wow, those are nice jeans."

Worst lines: "I could be your mom. Wanna screw?" "You look so much like my son."

Darla's son, Paul, shows up halfway through the interview to deliver their shared keychain, on which hangs a tiny pair of fuzzy blue dice — very Vegas.

He sits like a daddy long legs, all limbs and freckles and hipster chic. What does a young lad, barely legal and still waiting for normal facial hair to arrive say about his mom flirting with guys his own age?

"Geez, mom! Is that what they're interviewing you for?" he pretends to punt her calf under the table. Then he answers the question.

"Yes, I hate that she has a reputation as a she-beast, but as long as we're not at Fairway and one of her conquests recognizes her, then it's not so weird," he says.

Darla winks at Paul.

"No, it's more awkward when I catch him with a girl," she teases. "At least I have experience."

Now Paul actually punts his mother's calf under the table and she gets up for another drink.

"But really," Paul leans in to speak in hushed tones, "I don't think it's very safe for her to do. She's it for family for me, you know?"

It's true that night prowling is a less than cozy activity in Victoria. Although college students at the Sticky Wicket are hardly the gritty pimp types, and few experiences are likely to result in violent ends, having sex with strangers (or even just a seemingly harmless romp) can end badly — as pretty much every university student has either had ingrained into their brains, or has experienced first-hand.

Darla says she's only a cougar on the side, and that she doesn't let it influence many other parts of her life. She has worked at the same accounting firm for nine years, and says she is taken seriously as a reliable receptionist and as the best baby-shower-thrower in the office.

"Plus, I also do the Run for the Cure and the Times Colonist 10K, so I am fit as a fiddle, even with this mushy bit!" She pokes at her non-existent muffin top.

However Darla says that she still wears clothes that make her feel sexy, and she flaunts matching lingerie at all times, "just in case."

According to the 46-year-old, it all comes down to not taking yourself too seriously, at the same time as being confident of who you are. Darla stands and rummages around in her purse for an Altoid.

"I hear these mints are curiously strong," she says, smirking.

JOSH THOMPSON PHOTO

They're not just tasty add-ons to your turkey dinner; cranberries are great for your health as well.

Cranberries more than topping

Jennifer Gait

Cranberries, one of the three native North American fruits in commercial production, are generally known for their juice and their tasty partnership with turkey. But in recent years they have also been recognized as a super food, providing beneficial nutrients that can prevent or even heal bodily ailments.

Free radicals be gone

Like all dark-coloured fruits, cranberries contain powerful antioxidants that can neutralize free radicals, helping to prevent disease and repair damaged cells. They may sound like a left-wing political party, but free radicals are simply unstable atoms that have the potential to alter genes and damage cells if not neutralized. Produced during metabolism they are increased by stress and exposure to toxins (including cigarette smoke, alcohol and fast foods). Oxidative stress arising from free radical activity is involved in many chronic diseases, including cancer and heart disease.

Heart disease take a hike

In the area of heart disease, a study showed that regular consumption of cranberry juice powder increased the relaxation of cardiac vessels in men with heart disease. In another study a cranberry diet reduced the level of low density lipoprotein (commonly called "bad" cholesterol) by 22 per cent in pigs with a familial form of high cholesterol. A glass of cranberry juice has been shown to be as effective as red wine in modifying the production of an enzyme that supports heart health.

Cancer kicked out

Epidemiologic studies of diet and disease in some populations have shown that diets high in fruits and vegetables reduce the risk of some cancers. This is not yet an area that has been well researched with respect to cranberry ingestion, but a study in mice with breast cancer showed that diets high in cranberry products slowed tumour growth and reduced the spread of cancer to the rest of the body compared to mice not eating cranberry.

Urinary tract infections vanish

One of the most commonly recognized benefits of cranberry is its ability to prevent or heal urinary tract infections.

A relatively recent discovery is that the proanthrocyanoids (PACs) in cranberries have anti-adhesion properties. These are thought to reduce urinary tract infections (UTIs) by preventing pathogenic bacteria in the urine from sticking to the bladder wall and proliferating by flushing them out of the body in the urine.

In more than one study cranberry cocktail was found to significantly reduce the number of recurrent UTIs and the length of each episode. Because UTIs can be very serious, it is not recommended that people treat it themselves. Rather they should seek medical help and take cranberry juice as well as any prescribed antibiotics.

Colds and flus past pests

It also turns out that PACs have similar non-stick effects elsewhere in the body. In the mouth they impede bacteria from sticking to the teeth, and so could prevent inflammation of the gums and periodontal disease. They may also reduce flu infections by preventing the flu virus from attaching to cells. In the stomach, cranberry PACs inhibit the adhesion of the bacteria that causes stomach ulcers (H. pylori) to the cells of the gut. In a 2005 study, people who drank two glasses of cranberry cocktail a day were more than three times as likely to suppress H. pylori than those in the control group.

To get all these potential health benefits it is necessary to ingest cranberry products regularly, and not just as cranberry sauce with turkey. Many studies used commercial cranberry cocktail as the source of cranberries, but because these cocktails have a sugar content around 27 per cent, they are not the healthiest option.

Unsweetened juice can be made from cranberry juice powder, or from fresh or frozen cranberries by boiling 110 grams of berries in 150 ml of water just until the berries pop. Fresh or unsweetened, dried or freeze-dried berries are also a good choice.

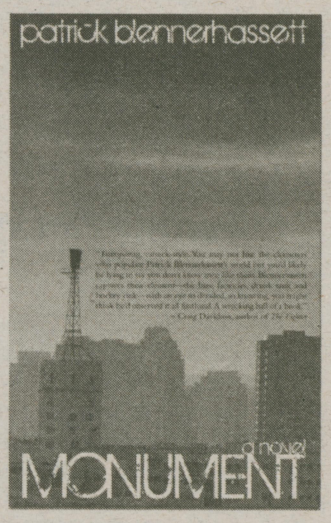
Cranberries are in season now and may be sold at bargain prices in stores with a glut of unsold berries following Thanksgiving.

Pick up a few bags and freeze them future use — your body will thank you.

Visceral emotions arise in Monument

Monument
Patrick Blennerhassett
NOW OR NEVER PUBLISHING

Bryce Bladon



"A car crash is little more than a vivid string of moments — of pain, fear, panic, and utter loss of control. It's nothing like in the movies, where everything is slowed down and exaggerated," writes Patrick Blennerhassett in *Monument*. Blennerhassett's book is much the same: a fluid description of moments and events that lead to a bone-cracking conclusion.

The protagonist, Seth Wilhelm, is an alcoholic pill-popper with bloody knuckles and plenty of stitches. Like the book itself, Seth is out of order, crude and ultimately enduring and amiable at the core. He is defined by his surroundings, by the bars, by the factories and the hockey rink.

Seth is a man with the world against him, a promising hockey player who was robbed of his dreams by chance, and left angry at nothing as a result. From day one an abusive father beats Seth, and the world takes over from there — feeding failure after failure to his face. Seth is against the boards, and is constantly caught with his head down. If nothing forces him to face rock bottom, he'll end up in a cool bed of blood on the ice.

Monument's characters are hardly of high moral standard; they steal, they spit, they drink too much and do too little to make up for their shortcomings. Yet Blennerhassett forces his characters to endure. He shows the little bit of light in each twisted person, and their shadows are cast all the longer as a result. These people are not perfect. Rather, they are something far more familiar. They are human.

Blennerhassett's writing style shows clear influence from his journalism background. He writes simplistically and with a clear sense of direction in each paragraph. Sometimes the world melts and is painted in the most beautiful strokes of meaning. The clack of hockey sticks harkens back to the crackle of a fire; a man is thrown through a window in a beautiful electric halo. And sometimes the world is not beautiful. Sometimes the world is sex without the sexy — a bunch of tangled limbs that sweat out Valium and cocaine.

The book is constructed in a manner similar to Seth's psyche. It starts with a pummeling and it ends with a metaphorical punch to the stomach — a twist that hits the reader like a right hook and leaves him gasping for more.

Monument is clearly Blennerhasset's first piece of long fiction. There are moments of crude exposition and scenes that seem to accomplish little other than to show the depravity of the characters. However, much like the lull in a thunderstorm, these moments of quiet interlude are soon overwhelmed by the roar of thunder and the blinding light of something powerful.

As unflinching as a broken fist on a hockey helmet, *Monument* is a tangle of broken intentions and complicated characters. It's a crushing slap shot, a whip crack to the jaw that's both elegant and crude.

There are imperfections, but like the subject matter itself, *Monument* roars into the net with a siren that's screaming "goal."

The launch party for Monument *takes place at Lucky Bar on Oct. 16, starting at 8 p.m. Admission is free and Blennerhassett will be reading from the book.*

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2. PAUL SHAPIRO
   Essen (Tzadik)
3. FINAL FANTASY *
   Spectrum, 14th Century (Blocks)
4. DEERHOOF
   Offend Maggie (Kill Rock Stars)
5. VARIOUS *
   Emergency Room, Vol. 1 (Grotesque Modern/Nominal)
6. COMMON MARKET
   Tobacco Road (Hyena/Massline Media)
7. TOBACCO
   Fucked Up Friends (Anticon)
8. ADVENTURE
   Adventure (Carpark)
9. THE MIGHTY UNDERDOGS
   Droppin' Science Fiction (Definitive Jux)
10. DUNGEN
    4 (Kemado)

* Canadian artist † local artist

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Eclectic art comes to UVic

What: Legh Mulhall Kilpin, Teacher Painter Printmaker
Where: Maltwood Gallery
When: Now until February 2009
How much: Free

Alison Wagner

A collection of landscapes, portraits and etchings by Legh Kilpin gives gallery goers a unique look at the late Victorian period and Canadian practices through the eyes of one artist, as currently showcased at the Maltwood Art Gallery.

Kilpin had a particular talent for form even in his teenage years, and it shows in his later works.

Kilpin taught art in England, travelled through much of England and Wales to paint his landscapes during his vacations. Though he lived only a short time in Canada, Kilpin produced most of his work during that time. He died of a heart attack in 1919, after a long and prolific career as an artist and instructor. Since then, his descendants have gathered his works together and preserved them to allow his legacy to survive.

Through his landscapes, Kilpin recalls the popular art styles of the late Victorian era. Though many of his pieces are no larger than a standard picture, they evoke the broad, progressive ideals of the time. Railroads, for example, were still a relatively new concept at the time, one that artists could now travel on in seeking subjects for their work.

Kilpin's landscapes are unique by both breadth and style; the places they depict are varied, but the styles in which they are painted tie them together. No artist could have covered such a vast array of space, except by traveling many long hours and risking health and safety to do so.

The advent of the modern age enabled artists to bring their works to a larger public, and Kilpin made good use of the opportunity.

In 1906, at the urging of his brother George, Kilpin and his family moved to Canada. Kilpin was introduced to Canadian artistic society, and joined the Art Association of Montreal. This enabled him to display his works in Canadian exhibits, and allowed him to learn how to etch. A few of Kilpin's etchings are displayed in the Maltwood collection, along with the copper plates and a description of the process involved in producing this type of art.

Kilpin's etchings are much more detailed than his painted landscapes, and his portraits are amazingly life-like oil-on-canvas reflections of the people he held most dear in life. During his time in Canada, Kilpin branched out into different styles, as works like "Crystal Gazer" and "The Brunette" show.

One of the most outstanding works in the collection is "Oblivion," painted in 1915. It depicts several humans on the long path to the title gate. An angel directs them towards a bridge across a wide chasm, while a few of the humans lose their nerve and leap off along the way. The gate is guarded by three statues; two of them hide their faces, and the third (a cowled figure) sits above the gate and regards each new arrival with thoughtful composure.

This watercolour painting suggests the physical and emotional turmoil of the time — the First World War was in progress, and "Oblivion" may have been Kilpin's response to feelings of disbelief and of being on the edge of something terrible.

Rounding off the collection are a few unfinished works that shed light on the process Kilpin used. There are also a few tiny pieces done in the Symbolist style. With flowing lines and curves, these works depict flowers and women as primary subjects and evoke a sense of the fantastical and sensual.

The 50 works in this collection appear courtesy of the Langley Centennial Museum.

PROVIDED PHOTO

Amitai Marmorstein and Celine Stubel shine in Legoland.

Legoland offers a break from boring

Vanessa Annand

Midterms are underway and students have worn a track trudging from home to class to library and back with little time for diversions. What better way to break out of the microcosmic existence of a campus-bound life than to join the Phoenix Theatre's *Legoland* cast on an adventure?

Legoland's imaginative script by Jacob Richmond transports viewers from hippie commune to private school and all across the U.S.

The play centers around siblings Penny (Celine Stubel) and Ezra Lamb (Amitai Marmorstein), whose sheltered upbringing at Elysium Farm in Saskatchewan is shattered when they embark into Legoland, a.k.a. the world outside the pot-growing commune they call home. Their antics result in a ride in a cop car and a crackdown on their parents' illegal activities.

The Lamb siblings are shipped off to private school, where they never fit in. Whether it's Ezra's presentation on the Syphilis Hall of Fame or Penny's affinity for answering questions in class in the perkiest manner imaginable, they inadvertently flaunt the taboos of high school life.

Penny finds respite in her first foray into popular culture: listening to a CD by boy band 7Up. Even when the band falls into obscurity and eventually breaks up, she remains a dedicated fan. Much to her dismay, 7Up's lead singer Johnny's solo career proves a coarse rap antithesis to his previous saccharine crooning. Penny decides to journey to Florida to appeal to his softer side.

Thus begins the most engaging part of the play: a tour through the States, where each city reached is heralded by an appropriate theme song ("Viva Las Vegas" and such), and the rattling off of facts: the colour-coded terrorism rating, the quantity of prescription drugs remaining in the siblings' stash, and the number of endangered species (in Florida, that list includes American democracy).

Penny's meeting with her idol doesn't go quite as planned, and ends with her being forcefully returned to Canada.

Stubel shines as the awkward and over-eager Penny. She strums the ukulele and sings about her love for Johnny. She gives a blurted monologue on the beauty of the word "gossamer." She has the alacrity of a squirrel and the awkward clomping movements of a teenager not quite at home in patent leather oxfords and a prim uniform.

Marmorstein as Ezra could easily be overshadowed as a sidekick, but is in such stark contrast to Stubel that he is impossible to ignore. Where she is all exuberance, Marmorstein is all affectation.

His movements are theatrical and boxy, his voice nasal and imperious. With the ramrod posture and gestures of a magician, he solemnly plays the other characters by means of puppet shows that are both eerie and hilarious. The ridiculousness of Penny's high school tormentors is highlighted when they are bobbing Barbies clutched in the grasp of her brother.

The audacity of pop culture is highlighted through Richmond's perceptive one-liners. He refuses to allow the characters to be doe-eyed innocents tainted by a cruel world.

Any play rocks that includes a ukulele-fuelled ballad, a gangsta rap about "copulating with a power tool" and a monkey breaking the fourth wall. Having all this plus a few dark and poignant moments should makes *Legoland* a must-see.

Legoland runs at the Phoenix Theatre until Oct. 18.

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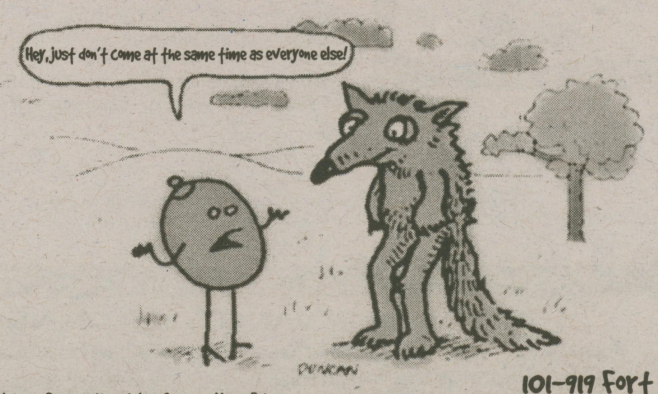

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Rapping up the 2008 US presidential campaign

Dorian Geiger

Tupac Shakur may have been right when he rapped, "and though it seems heaven-sent, we ain't ready to have a black president" on his track "Changes," posthumously released in 1998. Now, a decade later, times have changed. Tupac's political outcry of a past generation could soon become a contradictory statement, with Barack Obama currently ahead in the polls heading into the presidential election south of the border.

If Obama succeeds in the election on Nov. 4, it will mark the first time in U.S. history that an African-American will guide the country as a president. The possibility has aroused an overwhelming sense of positive change across the globe and has inspired many, including members of the music industry to get involved in the political process and to reach out to Obama in support of his cause.

New York hip hop mogul Nas sampled Tupac's compassionate "Changes" verse with the chorus of one of his new singles about Obama entitled "Black President." Nas' track samples Obama's voice chanting "Yes we can, change the world," seemingly responding to the Tupac verse in the background, all layered over top a catchy drum-roll beat. "Black President" continues with Nas providing insight into his perception of Obama: "But on a positive side, / I think Obama provides hope — and challenges minds / Of all races and colours to erase the hate / And try and love one another, so many political snakes / We in need of a break / I'm thinkin' I can trust this brotha." Though the repetition of Obama's voice shouting in the chorus might be a little overboard, "Black President" remains a poetic, political show of support for Obama.

A few other hip hop tracks that are showing Obama love include "Yes We Can" by Will.I.am, "You're All Welcome" by Jay-Z and Mary J. Blige and a "Letter to Obama" by Joell Ortiz.

After years of anti-George Bush hate music, it's refreshing to hear something hopeful about a politician. Presidential candidates have never been such a cool subject to rap about and have quickly replaced blunts and clubbin' as the number-one topic to grab your crotch and sing about.

This is also the first time in recent history that a presidential candidate has received such positive support and feedback from artists in the music industry, particularly from the hip hop community — an unusual trend reversal, especially when contrasted with hip-hop spokesperson Kanye West's controversial remarks in 2005. During a Hurricane Katrina televised relief fundraiser, the Chi-town rapper claimed "George Bush doesn't care about black people." The only thing more questionable than Kanye's commentary was the reaction of Canadian comedian Mike Myers, who was on camera with Kanye at the time. (You can watch the video on YouTube — it's Austin Powers funny.)

Kanye hasn't been the only artist using celebrity status to openly criticize George Bush on camera or in music with the hopeful intentions of influencing his large numbers of fans. Other mainstream anti-Bush artists include Pearl Jam, the Dixie Chicks and John Mellencamp. A line-up of 200 bands including Green Day, the Foo Fighters, Offspring and Pennywise have teamed up with PunkVoter.com, a website that has been actively responsible for co-ordinating voter registration drives, a Rock Against Bush Tour and the production of a two-volume "Rock Against Bush" musical compilation.

JENNIFER ZHOU GRAPHIC

> "Presidential candidates have become the number one topic to grab your crotch and sing about."

There aren't a lot of Canadian artists compiling songs about American politics. In fact, things just aren't that Hollywood-dramatic for Canadian politics — so don't expect Swollen Members to start incorporating Stephen Harper into their rhymes any time soon either. But Victoria band Funk Vigilante have been venting their extreme distaste for Bush with a Canadian spin.

Funk Vigilante mash together old-school funk, modern metal and a high-energy Rage Against the Machine sounding flow. In their new single, "Worst President Ever," lead singer Ghosty Boy screams sarcastic protests at Bush: "I swear to God he's retarded / he can barely speak English / How did this dick ever get to be president to begin with / Idiot-in-chief acting thinkin' he's above the law / did everything short of / killing a baby on the White House lawn." The song is crude, vulgar and mildly funny. The video for "Worst President Ever" can be found on the band's website. Ghosty Boy's screamy lyrics fade out the track with a repeated feel-good "Fuck you Mr. President" that slides in nicely with the beat and is accompanied by masses of middle fingers in the video's background.

Funk Vigilante's hatred for Bush runs so deep that the website even has an electronic counter designed to count down his soon-to-expire tenure — down to the second.

Obama's stance on hope, change and a promise of uniting a divided nation has garnered the presidential candidate a multitude of supporters on an international scale. He is a political figure who is able to connect with younger generations and contemporary pop culture in a way John McCain has a limited ability to do.

Believe it or not, Obama and dirty-south rapper Ludacris are reportedly peers; Obama was happy to have Luda open a 2007 fundraiser for him in Atlanta. As for the Republicans, Blender Magazine's profile of McCain's musical taste revealed that the presidential candidate's all-time favourite song is "Dancing Queen" by ABBA.

Just picture a dude in charge of one of the biggest superpowers in the world listening to that song every morning in the shower. The need to replace Bush's perpetual incompetence and McCain's utter ancientness force a quote from Ludacris: "Move bitch, get out the way." Obama is in the house.

Punk and metal music still subject to sexism: lecturer

Jordon Gowans

Can feminism mix with the punk and metal music scene? Sara Sutler-Cohen explored the subject during a lecture at UVic on Oct. 6. As she makes perfectly clear, it is *her* music scene.

Sutler-Cohen is a gregarious woman, who has made many friends in punk and metal, ranging from hopeless drug fiends to famous celebrities. According to her, most of the friends she has made over the years are still her friends — unless they're dead.

Like many immersed in her musical culture, Sutler-Cohen got into narcotics; after witnessing their deadly effects, she cleaned up. But whatever stigma punks and metalheads may have because of their fashion, drug habits, or political and social opinions, punk and metal were made to be inherently rebellious.

Sutler-Cohen shares many hardcore punks' reasons for disliking pop-punk outfits, a category she includes Green Day in. Many see pop-punk band members as having squeaky-clean images, and performing mindlessly uncontroversial lyrics, set to boilerplate instrumentals.

Although there was much discussion of music in Sutler-Cohen's lecture, the heart of the talk focused on gender. She said that she has found suburbs more dangerous for a young, attractive female to be in than a punk or metal concert. She says she was verbally, physically and sexually abused while in the suburbs, but there is safety for women in the punk and metal scenes. They can be overtly sexual — and often are — but even "half-naked" women can avoid violence in the scene.

While Sutler-Cohen labeled the scene as the basis for most of her friendships, she still found space to criticize. There has always been sexism in the punk and metal scenes and, according to Sutler-Cohen, if it is confronted more today than in the beginning, it is still not confronted enough. The punk scene, she says, was from the beginning a very homophobic genre.

Sutler-Cohen believes punk and metal always submitted women in the scene to what she refers to as "male gaze," — the social expectation of a sexually desirable appearance. However, it also affects men in punk and metal bands, because most people who go to the concerts are hyper-masculine men — straight or gay.

The phrase "sex, drugs and rock'n'roll" is Sutler-Cohen's real life experience. She loves music, has lost friends to drugs and wants women and men (straight and queer) to live sexually healthy lives.

Sutler-Cohen said she is interested in people choosing who they want to be sexual with and what kind of sexuality they truly want to engage in. She wants people to be safe, even if they are aggressive.

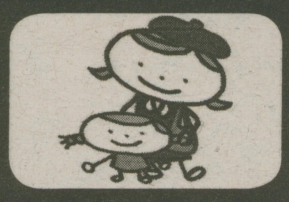
WHO IS SARA SUTLER-COHEN?

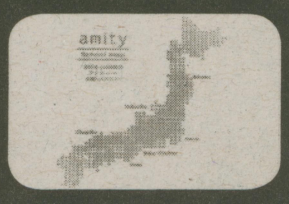
Sara Sutler-Cohen is a woman with Aboriginal, Jewish and Irish blood. She dropped out of high school at age 15, but now has a doctorate in sociology from the University of California Santa Cruz.

Sutler-Cohen is the Chair of Sociology at Washington's Bellevue Community College, and is a leading expert on Native American Studies. She currently holds an Area Chair in Native Studies for the Popular Culture Association/American Culture Association (PCA/ACA) Annual Regional Conferences.

Sutler-Cohen is a well-known collage artist, photographer and poet, and has published poetry online at unlikelystories.com.

Teach English to Children in Japan!





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ANDREW SMITH PHOTO

UVic forward Courtney Low takes on UBC Thunderbird Cayla McLean.

Vikes spoil UBC's run for second time

Nathan Lowther

UVic rode some strong team defence and an outstanding individual performance by defender Perri Espeseth to defeat the Canada West-leading UBC Thunderbirds 2-1 at Vikes Field on Oct. 11.

A win would have clinched the T-Birds a fifth straight conference crown as they came into the game eight points ahead of the second-place Vikes. But UVic's scoring within the first five minutes of each half put that off for at least another game.

"They're our biggest rivals and they are ahead of us in the conference," said the Vikes' Espeseth. "We were nervous coming in, but we looked at this as the game that we had to go in and give it our all because we had nothing to lose."

Amanda Collison opened the scoring, banging home a loose ball in the T-Bird's arc. UBC bounced back and managed a territorial advantage over the Vikes through the rest of the first half. But despite the pressure and possession, UVic goalie Kaitlyn Williams only had to make one save as the Vikes took away space and shooting lanes.

"UBC plays a hard, hard style of hockey," said Vikes' coach Lynne Beecroft. "They hit the ball hard and they come at you hard. We need to be able to play at that level."

The second half started like the first, with the Vikes coming out fast and finding the back of the net. After an aggressive piece of stick handling, Ali Lee earned the Vikes their only short-corner of the contest. Espeseth made good as she boomed a blast from the top of the arc.

"We had changed our short-corner set up, so it was new to us a little bit. It was the first time we had used it in a game," said third-year student Espeseth. "I just had my head down, shot it perfectly a little higher to get it over a couple of sticks and it went right to the back of the net."

After their goal, the Vikes used a strong possession game to control the half and run the clock down. But the T-Birds weren't ready to tuck in their tail-feathers just yet. They scored with eight minutes left and then swarmed the Vikes, desperate to find an equalizer.

"We showed a lot of attack and we were fortunate to get a couple of chances in the last 30 seconds to tie it up," said UBC coach Hash Kanjee, who was pleased with the effort his team gave. "We got some gutsy performances from a lot of people and we'll just move forward from here."

But the gutsiest effort belonged to Espeseth. Earlier in the half she had fearlessly rushed a big wind-up off a UBC set-play. Then in the final five minutes, with her team up by one, she broke up two two-on-ones.

"Those were definitely nerve-wracking," she said. "I felt pretty confident after that, knowing I could do that."

After giving UBC their only two losses this season, the squad will have confidence on their side as they head down the home stretch and into the National Championship tournament.

The Vikes host Calgary for their final two Canada West regular season games Oct. 18 and 19. UVic will host the CIS Nationals from Oct. 30 to Nov. 2.

Women's soccer closes in on Canada West Division title

Kristi Sipes

The UVic women's soccer team pushed their undefeated winning streak to eight games and solidified their rank atop the Canada West standings on Saturday, Oct. 11, with a 2-1 victory over the Trinity Western Spartans.

Prior to Saturday's game, Vikes Head Coach Tracy David emphasized the importance of remaining at the top of the table.

"If we win the league, we have a chance to host the Canada West championships and that's why this game is very important," David said.

The Vikes rose to the occasion, and wasted no time scoring their first goal. In the fourth minute, forward Janelle Smith took a pass from defender Sarah Cameron and beat the Spartans goalkeeper with a low shot. With a goal on the score board, the Vikes maintained their pressure with a strong offense.

UVic goalie Stephanie Parker maintained her formidable presence in net, making a good recovery from a rebound off the crossbar to save the ensuing shot.

Spartans forward Nikki Wright, who scored both goals in Trinity Western's last game against the Vikes, was contained and kept scoreless throughout the match.

UVic's second goal was a result of a throw-in. After touches from several Vikes players, forward Kendra Flock put the ball in the net. The Spartans threatened to narrow the margin several times, but the half ended with the Vikes leading 2-0.

The visitors tried to shift the momentum in the second half with a quick goal in the 46th minute. The Vikes, however, settled down after the lapse and asserted more offensive pressure.

ANDREW SMITH PHOTO

UVic Midfielder Kaitlyn Hunter holes off Spartans' Meghan McKinnon.

A beautiful long pass from forward Moira Hood caught the Spartans goalie out of position, but Smith's resulting goal was disallowed as she was called offside.

The physicality of the match increased as the Spartan's frustration mounted. In the 62nd minute, two of their players were shown yellow cards. The visitors would rack up 19 fouls by the end of the game (13 in the second half alone) compared to a total of just three committed by the Vikes.

Both teams played with intensity for the rest of the half. Parker made numerous quality stops late in the game, and finished the day with a season-high of 12 saves.

The Vikes offense maintained the pressure as forward Alli Bach hit the crossbar and forced the goalie to fumble with a blistering shot minutes later.

The Vikes' final two games of the season are against Canada West's second-place UBC — a side Coach David said is "looking to take first place from us."

After defeating the Fraser Valley Cascades 2-0 on Sunday, the Vikes are now on a nine-game undefeated streak as the head into next week's crucial match against the second-place UBC Thunderbirds.

PLAYER PROFILE - STEPHANIE PARKER

UVic goalkeeper Stephanie Parker is as quick to deflect praise for her three game shutout streak as she is to deflect her opponents' shots.

"Our team is playing excellent," the Chemainus native said when asked about the streak and her five-shutout season. "It's all really come together in the past few weeks. [But] it's not only myself, it's the team that deserves credit for the recent run of shutouts."

Head coach Tracy David gives Parker credit for her efforts this season.

"She's done very well," David said. "She's had to fill a big role when we lost [veteran goalkeeper] Kasia [Gwaizda]."

David has called upon rookie goal keeper Parker to mind the nets every game this season.

Parker says she is happy playing for the Vikes — in part, because "the players are great ... [and] the veterans are so encouraging."

"It's absolutely a dream," Parker added.

ARMANDO TURA PHOTO

COMING UP

- **Women's Field Hockey:** The Vikes host the Calgary Dinos on Oct. 18 at 11am and Oct. 19 at 11am
- **Men's Rugby:** Vikes travel to Windsor Park to play CW Wanderers on Friday at 7pm.

VIKES Scoreboard

Women's Soccer - Oct. 11

UVic 2- Trinity Western 1

Women's Soccer - Oct. 12

UVic 2 - Fraser Valley 0

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ANDREW SMITH PHOTO

Vikes' flanker Katie Becker defends an attack by Velox's front row.

Velox hands UVic first season defeat

Jonathon Wolsey

The Vikes women's rugby team was back in action as they traveled to Velox Valhallian Park on Oct. 11 to face off against a ruthless Valkyaries team.

The Valkyaries (defending B.C. Provincial Champions) have been undefeated this season with two Team Canada players at the helm, Marlene Donaldson and Barb Mervin.

The scoring opened with a tackle-breaking run by Velox winger Jenna Waddy as her try posted up seven points with a successful conversion.

The Vikes responded with one of the centres popping up the ball to No. 7 Katie Becker who broke through for a try. The UVic team was robbed of their two points as the conversion struck the post.

The Valkyaries were relentless as their offensive pressure forced the Vikes to kick the ball from deep in their own half.

Through persistent running, Velox's Barb Melvin made space and was able to power her way through the back line for another try.

Minutes later, Velox's Carmen Sund scored off a ruck on the Vikes' try line. With a successful conversion, the Valkyaries began to pull away with the lead.

In the second half, the Valkyaries showed their champion form and fitness as they ran away with the lead. Barb Melvin was instrumental in the Velox victory with her three tries and assists resulting in a blow-out win for her side.

The Vikes remained focused, however, and maintained their defensive line with the help of forward props Tanysia Komers and Chelsey Minter making critical tackles against the Valkyaries back line. Despite their efforts, Valkyaries Shannon Kane and Sara Levson also touched down for tries.

When the final whistle blew, the Valkyaries had toppled the Vikes 57-5, resulting in Velox's third consecutive win and the Vikes first lost of the season.

After the match, UVic Coach Brad Skene put the game in perspective.

"Velox is such a strong side. They dress so many provincial players and national players, it was a good test to see where we are at," he said. "We were more structured this weekend in defence then the last time we played. Going toe to toe with them helps."

Next week, the Vikes will travel to UBC and play the University of Alberta, where the winner will proceed to the CIS National Championships held in Lethbridge, Alta. on Oct. 30.

Vikes edge closer to playoff spot with win over Spartans

Jonathon Wolsey

On Saturday, Oct. 11, the UVic men's soccer team defeated the Trinity Western Spartans 3-1 to remain in the running to host the Canada West Championships.

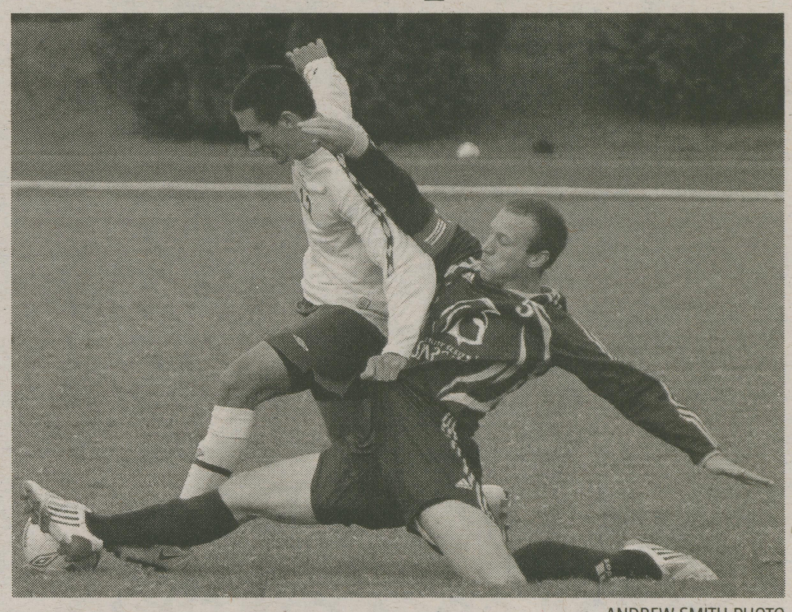
Trinity Western has been waiting for their chance to cut the five-point gap between them and second place UVic in the Canada West Standings to secure themselves a playoff spot.

From the start, both teams' aggression was heightened as they coped with the high-pressure environment. Within the opening 10 mintues, the Vikes centre defenseman Sam Wingham was shown a yellow card for a hard challenge.

UVic dominated the ball control as they used their wingers for swift attacks on the Spartans' keeper. The Vikes' offensive pace made the Spartans play a more conservative game as they were cautious of the flanking Vikes runs.

The first goal came from a set play which saw UVic's Jeffrey Hagen connect a free kick with Kyle Langseth, who scored with a header to put the Vikes up at 11:07 in the game.

The second half opened with a lively UVic attack. The Vikes' pressure paid off through Jordie Oberg's 55th minute header from Corey Sanford's cross to put their side up 2-0.



ANDREW SMITH PHOTO

Vikes' Corey Sanford challenges Trinity Western's captain Israel Jones.

Trinity Western responded with an unassisted goal by Daniel Lowen two minutes later, giving some hope to his Spartans' side.

The Spartans were forced to play a more defensive game, however, which frustrated them and resulted in three yellow cards and a red card in the closing minutes of the match.

Trinity Western goal keeper Andrew Kowan did his best to keep the game close, making key saves in the closing minutes of the game.

With four minutes to go, Kyle Langseth closed the curtain on the Spartans' playoff hopes by firmly heading the ball into the net for his second goal of the game.

After the match, UVic Coach Bruce Wilson was pleased with the win.

"[It was a] very good game; a hard game," he said. "Trinity is a good team. We knew we needed some space to [maintain] second place."

With a 3-1 victory over the Fraser Valley Cascades on Sunday and two ties for rivals UBC thunderbirds, UVic is now tied for first place going into their Oct. 18 match against Lethbridge, Alta.

Phil MacKenzie selected by Team Canada for national duty

Andrew Smith

UVic Men's Rugby Coach Doug Tate describes Phil MacKenzie as one of the most lethal weapons at his disposal.

"[Phil] has really improved his skills over the past two years," Tate said. "He is dangerous with the ball in his hands."

That's quite an accolade for a player that only became a back line runner when he arrived at UVic. Throughout his rugby career at Appleby College in Oakville, Ont. MacKenzie excelled in the role of No. 8, a forward role crucial to ball movement at the back of the scrum.

His ability to break through his opposition saw him selected for every Ontario Selects division level since his U-14 debut.

Upon his arrival to Victoria in 2005, Coach Tate moved him to the backline, a transition MacKenzie admits he was initially frustrated with.

"I was pretty mad at the time," he said. "But now, I'd never play in the forwards again."

The liking he took to the new backline role at UVic stems from Coach Tate's emphasis on handling, where each player should be able to run with the ball. The fast-paced style is a a more expansive approach than most local opposition sides.

On the domestic rugby scene, MacKenzie is tied for the leading try scorer in the VIRU league. His total of 15 points is fourth in the league with fellow Vike Nathan Hirayama sitting in first with 27 points.

His dominance in the backline has seen MacKenzie selected for his second Rugby Canada seven's tour, a circuit that last year took him to Dubai, New Zealand, South Africa and San Diego.

He has played against the highest levels of competition and recently has been selected for Rugby Canada's 15-a-side tour of Portugal, Wales, Scotland and Ireland this November.

ANDREW SMITH PHOTO

MacKenzie is known for his pace and ability to break tackles.

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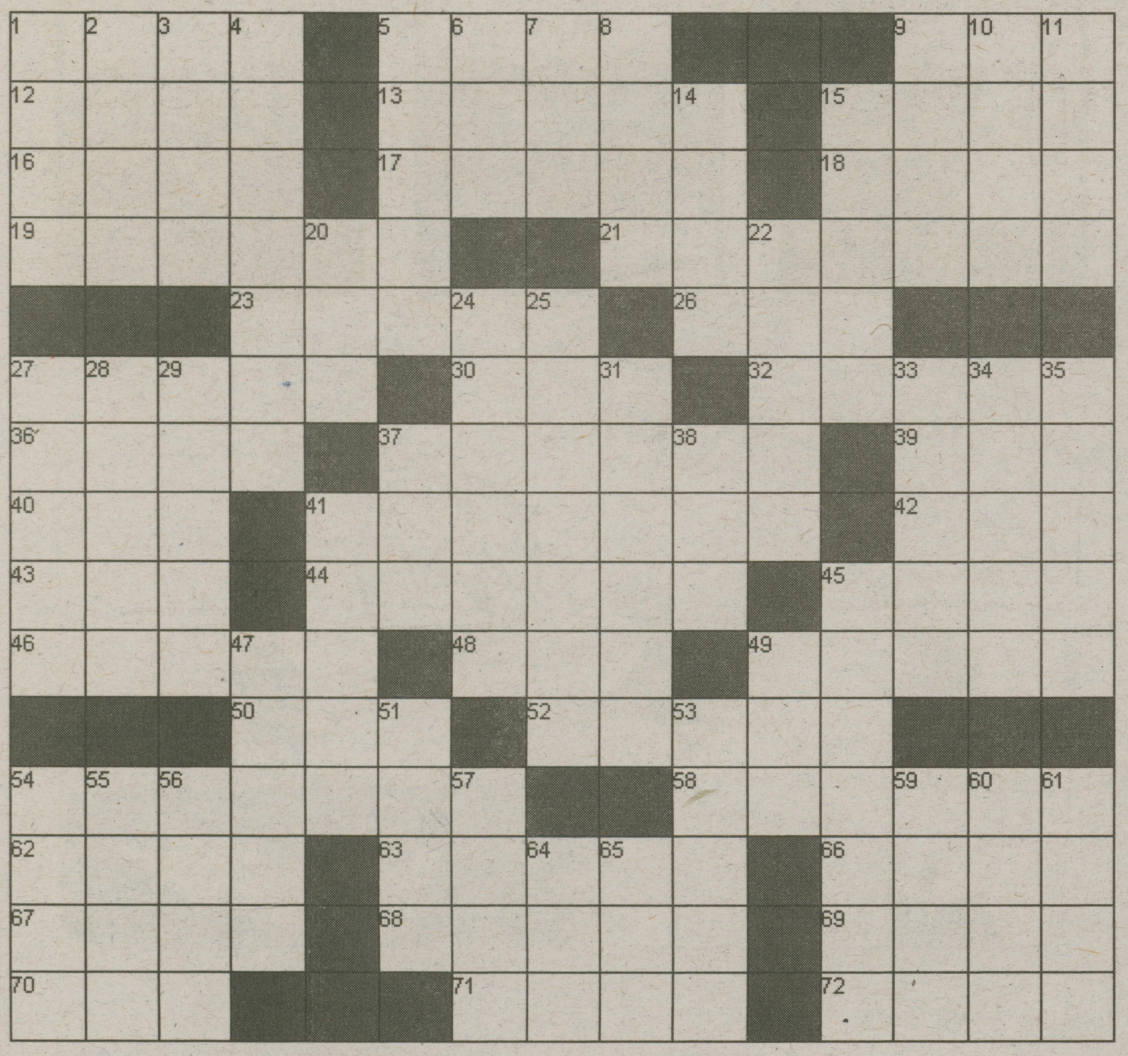

Across

1 Strike breaker
5 Landscapes
9 Famous doctor
12 Olympic athlete Lipinski
13 Confederate
15 Top out
16 Distant
17 Sherpa's land
18 Be indolent
19 Like some Christians
21 Pants style
23 Comedian's comments
26 Marksman org.
27 Speak volubly
30 Dem. dissident
32 Author Douglas
36 Fibber's story
37 Evergreen stand
39 Raise a YKK
40 Close
41 Takes Valium
42 Employ
43 Summer drink
44 Deplorable soul
45 Strange ___
46 Hindu belief
48 Bar fly
49 Mocks
50 Be human
52 Ward off
54 Mythic equine
58 Glossy paint
62 Turn off
63 Kindergarten tenet
66 Walk-the-dog toy (hyph.)
67 ___ up
68 Loom
69 Dice roll
70 40 across addition
71 Takes the plunge
72 He loved Lucy

Down

1 Student's reward
2 Paris eatery
3 Desert dweller
4 Extravagant
5 Certain Muslim
6 Greenback
7 Part favourite
8 Now, to Meredith Grey
9 John precursor
10 Shear off
11 Made out
14 Joie de vivre
15 Entreaty
20 Routine, to some
22 Seeks atonement
24 Esteems
25 Capitol person
27 Dinner order
28 WWF mascot
29 Septuagenarian, to a sexagenarian
31 Woman's size
33 Atmospheric colour
34 Cantankerous fellow
35 Took the autobahn
37 Allocation word
38 Cartoon Chihuahua
41 Dermis wounds
45 Ceased
47 Chicken and pork
49 Actress Garner, to friends
51 Deteriorate
53 Equals
54 Near (pr.)
55 CEO
56 Pay alms
57 Present
59 Stir
60 ...____ were bigger than...
61 Actress Anderson
64 Wonder
65 Cincinnati athlete

LOOK-ALIKES

Martin Smith, UVic psyc prof extraordinaire

Cat in the Hat

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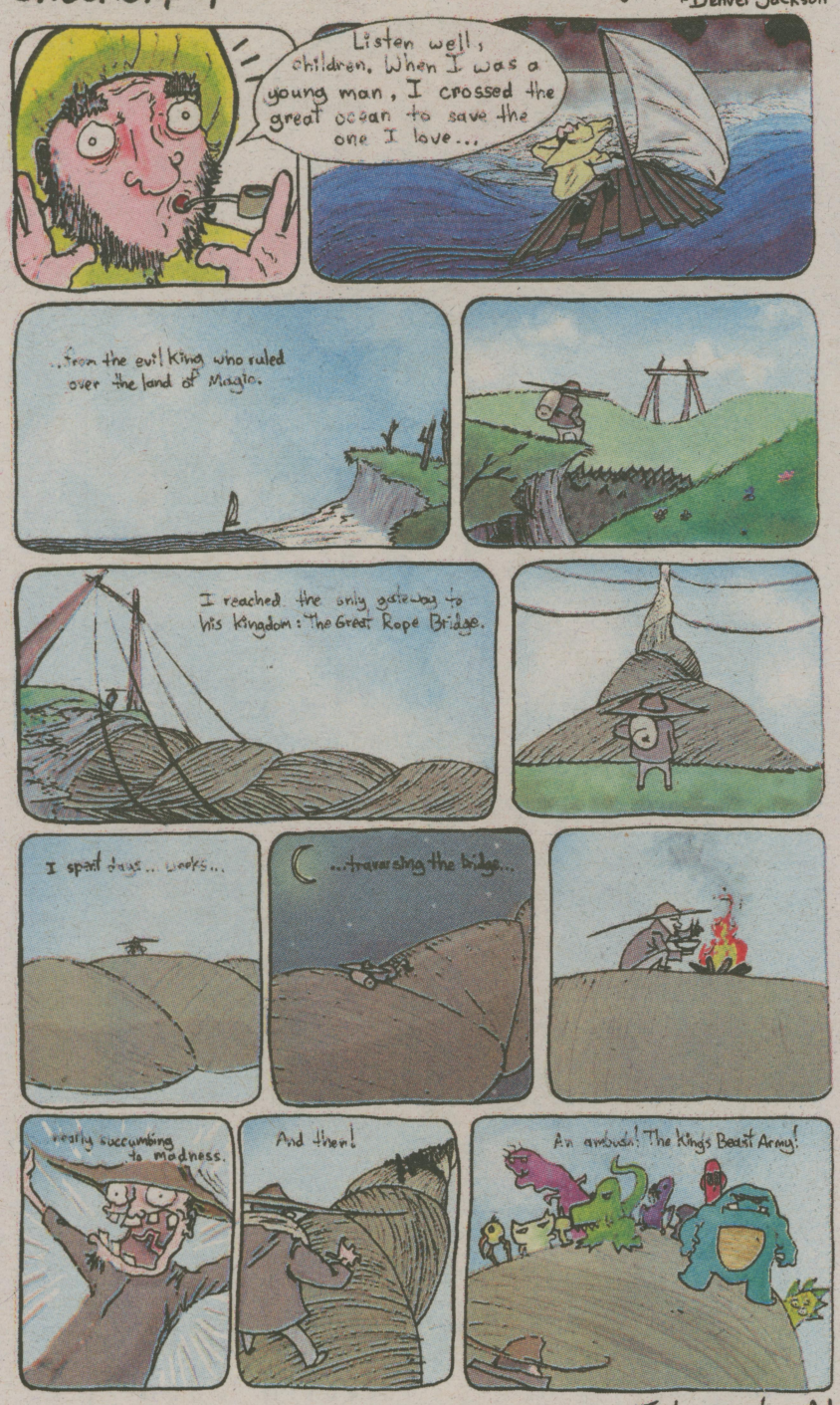

Listen well, children. When I was a young man, I crossed the great ocean to save the one I love...
...from the evil King who ruled over the land of Magic.
I reached the only gateway to his kingdom: The Great Rope Bridge.
I spent days... weeks...
...traversing the bridge...
nearly succumbing to madness.
And then!
An ambush! The King's Beast Army!
To be continued!

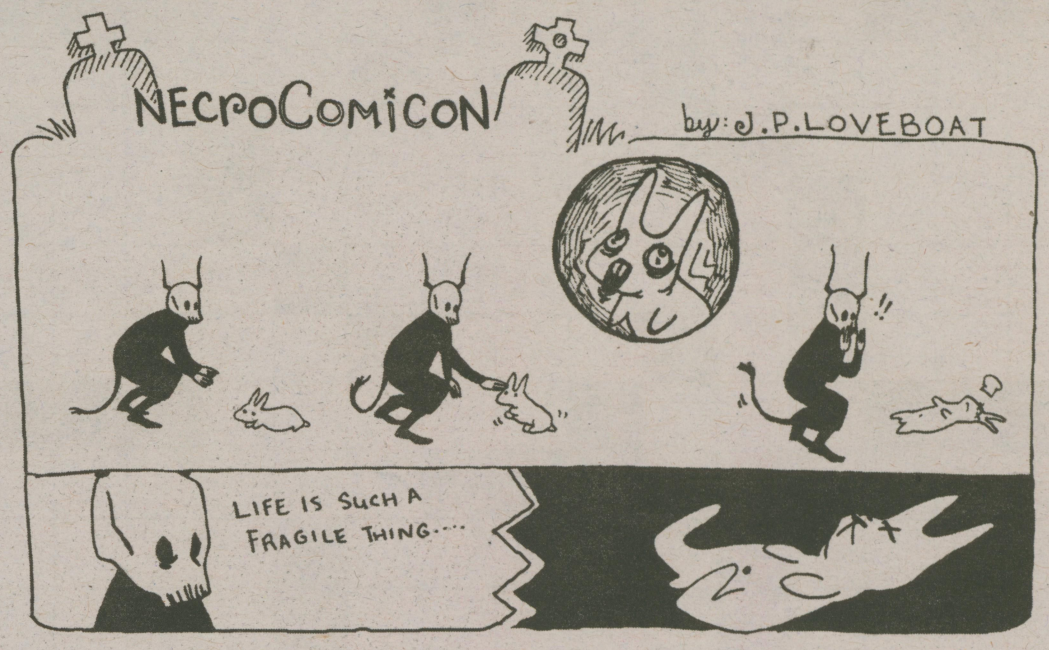
Fluke & Genius

by Josh Szczepanowski

Where do babies come from, Fluke?
From the union of sperm and egg.
Sounds like a breakfast special at Denny's...
Seriously, though, is that like a country or something? Can we go there?
...Without a face and a palm to hit it with, I cannot explain it to you.

NECROCOMICON

by: J.P. LOVEBOAT

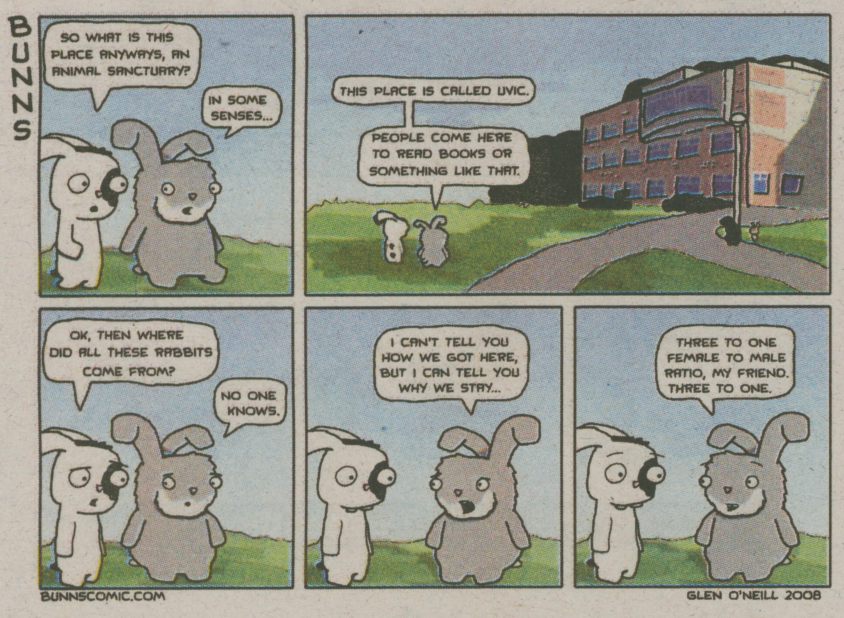


NORTH - EAST LYNX

...did it purposely... kill him... I will... GRRRR... ticking me off!
What is wrong with him?
I do not know... he's in a bad way.
I've never seen him like this...
Hey guys, are there any more turkey sandwiches? I think I just finished the last one. It had a label that said "DO NOT EAT" but I figured it was a joke...
PM 08

pmurry@uvic.ca

BUNNS


SO WHAT IS THIS PLACE ANYWAYS, AN ANIMAL SANCTUARY?
IN SOME SENSES...
THIS PLACE IS CALLED UVIC.
PEOPLE COME HERE TO READ BOOKS OR SOMETHING LIKE THAT.
OK, THEN WHERE DID ALL THESE RABBITS COME FROM?
NO ONE KNOWS.
I CAN'T TELL YOU HOW WE GOT HERE, BUT I CAN TELL YOU WHY WE STAY...
THREE TO ONE FEMALE TO MALE RATIO, MY FRIEND. THREE TO ONE.

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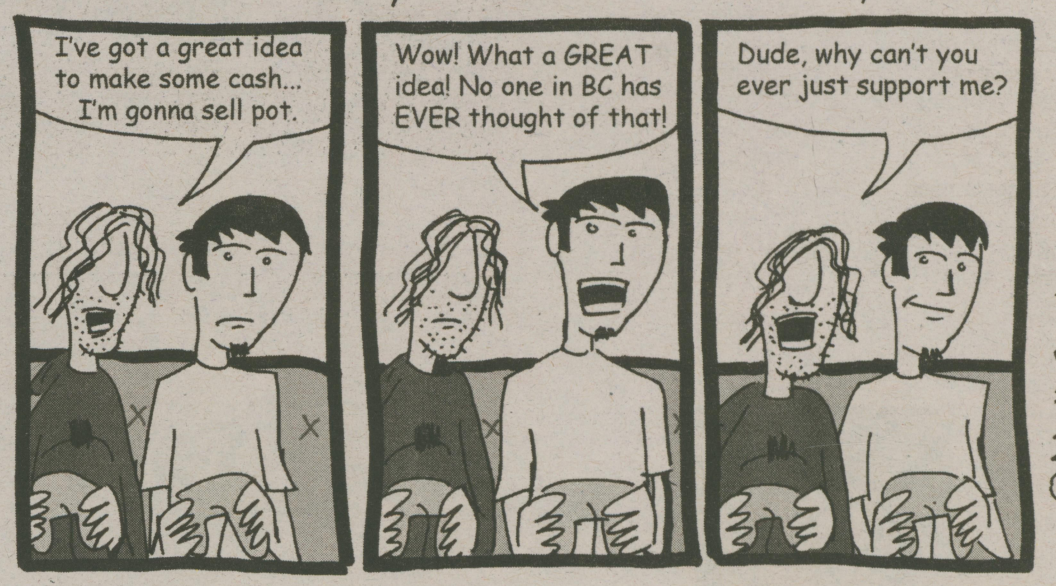
Smith vs. Smith: "Money in the Bank"

by Matt Smith


I've got a great idea to make some cash... I'm gonna sell pot.
Wow! What a GREAT idea! No one in BC has EVER thought of that!
Dude, why can't you ever just support me?

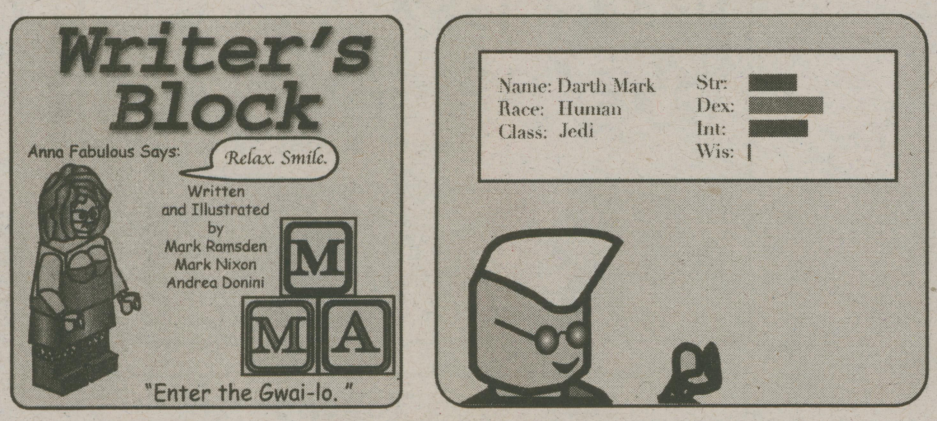
©MattSmith 2008

Writer's Block

Anna Fabulous Says: "Relax. Smile."

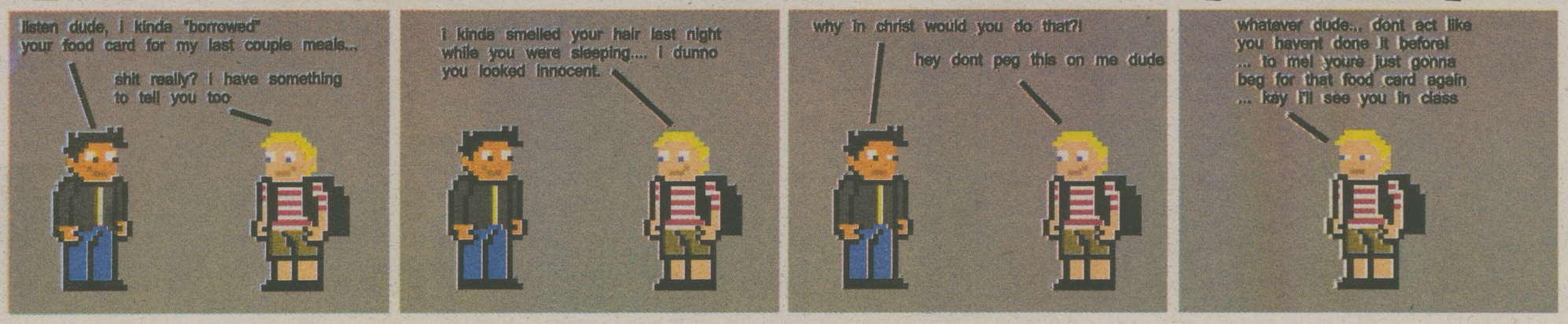
Written and Illustrated by Mark Ramsden Mark Nixon Andrea Donini

"Enter the Gwai-lo."



Remember the Goonies??

by Miljan Matheas Miljanic


listen dude, i kinda "borrowed" your food card for my last couple meals...
shit really? i have something to tell you too
i kinda smelled your hair last night while you were sleeping.... i dunno you looked innocent.
why in christ would you do that?!
hey dont peg this on me dude
whatever dude... dont act like you havent done it before! ... to me! youre just gonna beg for that food card again ... kay i'll see you in class

ON CAMPUS

THURSDAY, OCT. 16

Journeys in the Hispanic & Italian World
10 a.m. - 3:45 p.m., and 9:30 - 11 a.m.
University Centre, A180
Department of Hispanic and Italian Studies 24th Annual Colloquium. Dr. Andrew Anderson (Lansdowne Visitor, University of Virginia) and various on-campus speakers will present papers. All papers are given in English and are accessible to a general audience. No registration is required.
Fee: Free
Info: 250-721-7413
spanit@uvic.ca

Theology in the Context of Science Lecture Two: Discourse
7:30 - 9:30 p.m.
Harry Hickman Building, 105
Lecturer: John Polkinghorne, University of Cambridge, U.K.
The thought of Michael Polanyi, with its emphasis on the importance of commitment and of intellectual daring in the quest for scientific understanding, can be readily extended beyond science to embrace the search for religious truth.
Fee: Free
Info: Leslie Kenny
250-721-6695
lakenny@uvic.ca

Legoland
8 - 10 p.m.
Pheonix Theatre
Wildly inventive and darkly funny, this coming-of-age tale chronicles the misadventures of two precocious teens on their odyssey from a hippie-commune to the big city world they call "Legoland."
Advisory: this play contains mature subject matter and is not suitable for children under age 13.
Weekday and matinee tickets: Adult $22, Student $12, Senior $17.
Weekend evenings: All seats $22.
Fee: $12 - $22
Info: 250-721-8000

~~FRIDAY, OCT. 17~~

Bacterial Communities in Geothermal Soils of New Zealand
2:30 - 4 p.m.
Cunningham Building, 146
Seminar by Peter Dunfield, Department of Biological Sciences, University of Calgary.
Fee: Free
Info: Steve Perlman
250-721-6319
stevep@uvic.ca

SATURDAY, OCT. 18

Theology in the Context of Science Lecture Three: Persons
7:30 - 9:30 p.m.
Harry Hickman Building, 105
The extension of scientific imagination offers the prospect of a concept of "holistic information" playing as fundamental a role in science as that played by constituent exchanges of energy. The relevance of this to the understanding of psychosomatic personhood will be explored.
Fee: Free
Info: 250-721-6695
lakenny@uvic.ca

Men's Rugby
7 p.m.
Windsor Park
UVic vs. Castaway Wanderers.
Fee: UVic Students Free
Info: Mike Tucker
250-721-8725
vikes@uvic.ca

Women's Field Hockey
11 a.m.
UVic Field Hockey Pitch
Calgary vs. UVic.
Fee: UVic Students Free
Info: Mike Tucker
250-721-8725
vikes@uvic.ca

SUNDAY, OCT. 19

Women's Field Hockey
11 a.m.
UVic Field Hockey Pitch
Calgary vs. UVic.
Fee: UVic Students Free
Info: Mike Tucker
250-721-8725
vikes@uvic.ca

TUESDAY, OCT. 21

Flu Shot Clinic
10 a.m.- 2 p.m.
Campus Services Building, Book Store
Get a flu shot not the flu. Nurses from Health Services will be at the Bookstore giving flu shots. Bring medical card and cash only.
Fee: $20, cash only
Info: Birdena Luney
250-721-8492
luney@uvic.ca

Journey to the Source: Cycling in Northern Tanzania
3:30 - 5 p.m.
Social Sciences and Mathematics Building, A110
Presentation of photos and stories from a 6-week journey cycling through northern Tanzania on one-speed bicycles.
Fee: Free
Info: Angus Argyle
250-472-5315
aargyle@uvic.ca

~~WEDNESDAY, OCT. 22~~

Get Flu Shot Not the Flu!
10 a.m. - 1:30 p.m.
McPherson Library Learning Centre, 135J
Nurses from Health Services will be giving flu shots. Please bring medical card.
Fee: $20, cash only
Info: Birdena Luney
250-721-8492
luney@uvic.ca

The Transportation System Inside a Living Cell-Claire Yu
3:30 - 5 p.m.
Engineering and Computer Science Building, 125
We will describe the transportation system that consists of roads (filaments) and molecular motors (proteins) that haul cargo along these roads.
Fee: Free
Info: 250-721-7700
mshen@uvic.ca

Special Der deutcher Abend an der Uni
7:30 - 9:30 p.m.
David Strong Building, C118
Leonie Swann, an award-winning crime-writer from Germany will read (in English) from her novel Three Bags Full. The sheep of Glenkill are determined to discover who killed their beloved sheperd.
Fee: Free
Info: Irina Gavrilova
250-721-7316
geru@uvic.ca

Visiting Artist: Florin Brojba
8 - 10 p.m.
Visual Arts Building, A146
Educated at the Constanta School of Art in Romania, and also at the Ontario College Of Art and Design with a Major in Printmaking and Multimedia, Brojba has a deep respect for traditional methodologies within art making. Drawing both from his cultural roots in Romania and his everyday contemporary experience, Brojba uses this "complex amalgamation of culture, education, and self reformation [to respond] in a variety of ways."
Fee: Free
Info: Lynda Gammon
lgammon@finearts.uvic.ca

International Opportunities Fair
All Day
University Centre, Lobby
Have you always dreamed about studying, working or volunteering abroad, but don"t know where to start? The International Opportunities Fair will help point you in the right direction.
Fee: FREE
Info: Nicola LaMorte
nlamorte@uvic.ca

LIVE CONCERTS

THURSDAY, OCT. 16

DJ Longshanks, Guest Host: BNGZ N' KRLZ, Contestants: DJ Trekk vs Plastic Motive @ Lucky Bar
10 p.m.
Hosted by DJ Longshanks and weekly guest hosts, two guest DJs per week will show their skills, and you (along with an expert panel) get to be the judge! (No Minors).
Fee: $5

Eldritch priest: The Brown Study @ Metro Studio
8 p.m.
Open Space New Music presents Ottawa-based composer and PhD candidate in Cultural Mediations at Carleton University, eldritch priest: the brown study. The brown study is a melody for any number of instruments.
Fee: $12 Adults
$10 students, members

FRIDAY, OCT. 17

The Storylane Road @ The Green Goddess Cafe
9 - 11 p.m., doors at 8 p.m.
Their music will captivate and entertain; and will make you want to press play again when the last song finishes. (All Ages).
Fee: Free

Italian Edition, Sunday Buckets, Hey Hey Heys, Rorschach @ Sugar
10 p.m. - 2 a.m., doors at 9 p.m.
Rorschach and the Hey Hey Heys playing their first shows in Victoria and Italian Edition playing one of their last. (No Minors).
Fee: $8 at the door
$5 in advance

SATURDAY, OCT. 18

Hardcore Vanguard, Life in Hand, Mayday Mayday, Beat Kids, Vegan Holocaust @ Camas Book and Infoshop
7 - 11 p.m.
(All Ages).
Fee: $7

DJ Jazzy Jeff, TBone The Barber, DJ SPEEDY SHOES, Stallie @ Sugar
10 p.m. - 2 a.m., doors at 9 p.m.
Limited tickets will be held at the door. (No minors). Tickets also available at Platinum Lounge, Aspens, TBonez Barbershop, Lyle's Place, ticketweb.ca, and 1-888-222-6608.
Fee: $20 in advance

Smokin' 45s, Gypsy Hacks & Insomniacs, Die Poor @ Logan's Pub
10 p.m. 1 a.m., doors at 9 p.m.
Tickets available at the door. (No Minors).
Fee: $10

ANNOUNCEMENTS

HELP UVIC CREATE ITS FIRST Sustainability Policy and Action Plan. Join us for a consultation session, and help us plan for the future.
Oct. 23, 5 - 7 p.m., Mac D116
www.uvic.ca/sustainability

THE WESTERN CANADA WILDERNESS COMMITTEE is seeking environmentally-aware, outgoing people to join our canvass team. Flexible days, fresh air, and fun! Great part-time job for students. Call Susan 250-388-9292, 2-4 p.m., Monday-Friday.

Hiring: Ad Designer(s)
Want to use your creativity and design skills to create ads? Contact maned@martlet.ca or (250) 721-8361 for more info. Pay is per ad, as needed.

UVic Zen Buddhist Club AGM
Thursday October 23, 2008 11:30-1pm
COR A132
AGENDA
1. Appointment of Board Members
2.Upcoming activities: Tuesday Evening Meditation, Story time with Eshu, Student Retreat November 11th 9am-3:30 pm $20, Buddha's Birthday May 2009
3.What kind of things do we want to do in this club? Silent Hikes? Social Action? Speakers? Resource people: Eshu Martin... others?
4.Financial Status

CLASSIFIEDS

Fall into something great!
Follow your heart by offering hope, dignity and respect Volunteer with us at the NEED Crisis & Information Line. Training starts Nov. 15. Next Information Session: Tuesday Oct. 21, 6:30 – 7:30 p.m. at UVic Grad Student Society Bldg. 386-6328 or www.needcrisis.bc.ca

THIRSTY THURSDAY
$5 & $13.50
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THURS OCT 23
7:30AM, 9:30AM,
5:45PM, 7:45PM

SAT OCT 24 & SUN OCT 25
7:30AM, 9:30AM,
3:45PM

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